

Mapping ABCD	
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A. What is the pattern of behavior that needs to change?

The way I interact with my family and not follow rules.

B. What are the internal / external triggers?

Anger triggers

C. What is the intent and motivation behind the behavior?

Sometimes I feel like I don't have support, so I do what I want.

D. What incentives does the client have to change?

My relationship with my family isn't as good as it should be. I want to improve that.

Strengths	
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- Good parental supervision
- Consistently appropriate consequences for negative behavior from parents
- Some family support network
- Youth is close to a member of their extended family
- Family engages in some activities together
- Some opportunities for youth's growth are provided
- Believes in the value of education
- Youth maintains relationships with responsible/goal-focused peers
- Shows constraint in dealing with conflict
- Recognizes that he or she must accept responsibility
- Acts to obtain good and avoid bad consequences
- Can accept other points of view without necessarily agreeing
- Can apply appropriate solutions to problems
- Knows some self-control techniques to respond to triggers
- Strives for some control over own behavior
- Demonstrates skills in developing realistic goals and plans
- Prior successful employment
- Employed two or more times
- Can identify a hobby or activity that would be highly involving
- Recent increase in interest in positive leisure pursuits
- Consistently appropriate Rewards

Priority 1:	Alcohol / Drugs
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Targeted Items:

Targeted items are not provided.

Strengths:

No strengths in this domain.

Case Plan Goals:

Youth will complete the substance abuse counseling sessions.

Action steps:

1	Youth will schedule an assessment with Nicasa
	Participants : Client;Counsellor
	Context : Community
	Duration : 15 Minutes
	Status : Not Achieved
	Applicable Date : 12/09/2020
2	Youth will go to the assessment
	Participants : Client
	Context : Community
	Duration : 60 Minutes
	Status : Not Achieved
	Applicable Date : 12/09/2020
3	Youth will attend all scheduled counseling sessions
	Participants : Client;Counsellor
	Context : Community
	Duration : 60 Minutes
	Status : Satisfactory Progress
	Applicable Date : 03/11/2021
4	Youth will reframe from using drugs
	Participants : Client
	Context : Community
	Duration : Full Day
	Status : Satisfactory Progress
	Applicable Date : 03/11/2021
Priority 2: Employment / Free Time	

Targeted Items:

Not interested in any structured activities

Strengths:

Prior successful employment

Employed two or more times

Can identify a hobby or activity that would be highly involving

Recent increase in interest in positive leisure pursuits

Case Plan Goals:

Youth will obtain employment.

Action steps:

1	Youth will apply for jobs consistently.
	Participants : Client
	Context : Community
	Duration : 60 Minutes
	Status : Not Achieved

	Applicable Date	: 12/09/2020
2	Youth will be able to provide a negative drug test.	
	Participants	: Client
	Context	: Community
	Duration	: Full Day
	Status	: Not Achieved
	Applicable Date	: 12/09/2020
3	Youth will follow up with employers regarding his application.	
	Participants	: Client
	Context	: Community
	Duration	: Full Day
	Status	: Not Achieved
	Applicable Date	: 12/09/2020
4	Youth will apply for jobs online	
	Participants	: Client
	Context	: Community
	Duration	: Full Day
	Status	: Satisfactory Progress
	Applicable Date	: 03/11/2021
5	Youth will follow up with all potential employment opportunities	
	Participants	: Client
	Context	: Community
	Duration	: Full Day
	Status	: Satisfactory Progress
	Applicable Date	: 03/11/2021
Priority 3:		Family

Targeted Items:

Some family conflict that is distressing
 Verbal intimidation, yelling, heated arguments in family

Strengths:

Good parental supervision
 Consistently appropriate consequences for negative behavior from parents
 Some family support network
 Youth is close to a member of their extended family
 Family engages in some activities together
 Some opportunities for youth's growth are provided
 Consistently appropriate Rewards

Case Plan Goals:

Youth will continue to learn how to build and maintain trust with family members.

Action steps:

1	<p>This is achieved by the following action steps:</p> <ol style="list-style-type: none"> 1. I will make a list (verbally and/or written) of family members that I would like to improve communication with. 2. I will interact with my family through monthly calls, written letters, other telephone calls, and visitation. 3. I will use respectful behavior and language when communicating with my family members. 										
	<table border="1"> <tr> <td>Participants</td> <td>: Unspecified</td> </tr> <tr> <td>Context</td> <td>: Unspecified</td> </tr> <tr> <td>Duration</td> <td>: Unspecified</td> </tr> <tr> <td>Status</td> <td>: Not Applicable</td> </tr> <tr> <td>Applicable Date</td> <td>: 01/01/1900</td> </tr> </table>	Participants	: Unspecified	Context	: Unspecified	Duration	: Unspecified	Status	: Not Applicable	Applicable Date	: 01/01/1900
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2	work on evidence base worksheets weekly with caseworker, work on engaging conversation with mother and grandmother										
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3	Youth will maintain consistent contact with family members.										
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4	Youth will engage in positive and productive conversations with family.										
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5	Youth will contact family members on a basis.										
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6	Youth will be positive and appropriate during all conversations with family members.										
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