



An Approach to Native American Reentry



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Native American Incarceration

3.1 % of Americans are incarcerated and or on
Probation or Parole

While in Indian country 17.5 % of our
relatives are in this system.

We must change this statistic from with in..



WELLBRIETY MOVEMENT FOR PRISONS



Medicine Wheel
and 12 steps

Recovering Coaches

Fathers of Tradition
Role model Coaches

Warrior Down
Re-entry Coaches





Circles of Recovery: Support for Reducing Recidivism



**MW12 Steps in
the prisons**



**MW12 Steps in
halfway houses and
pre-release centers**



**MW12 Steps in home
communities**



Wellbriety for Prisons inc.

1-208-461-9194

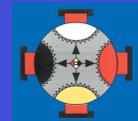
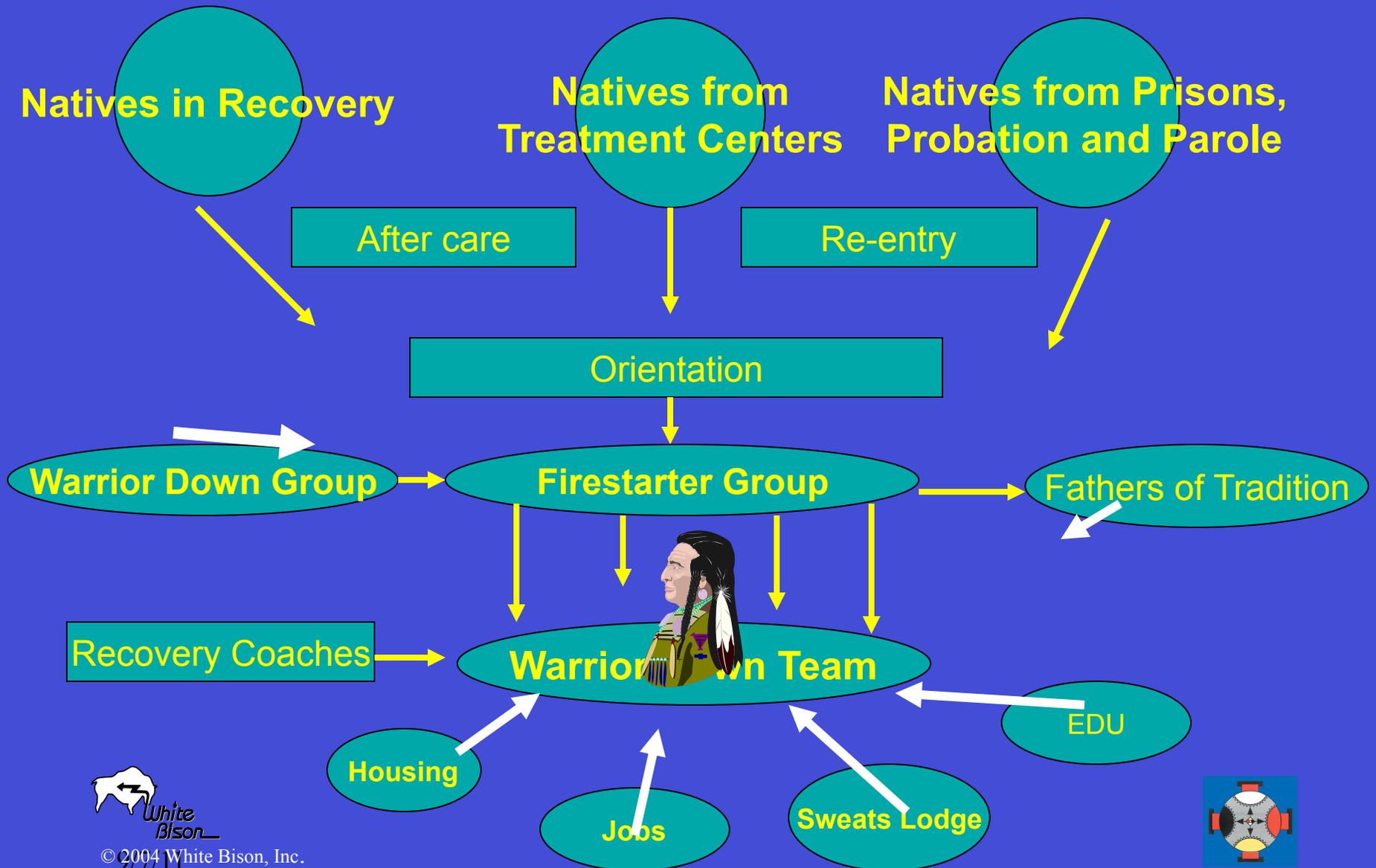




Warrior Down



Warrior Down



Vision

Principles

Laws

Values

Traditional Man

Traditional Woman

Traditional Clan Mother

Traditional Elder

Traditional Youth

Traditional Warrior

Traditional Chief

Healing

Spirituality

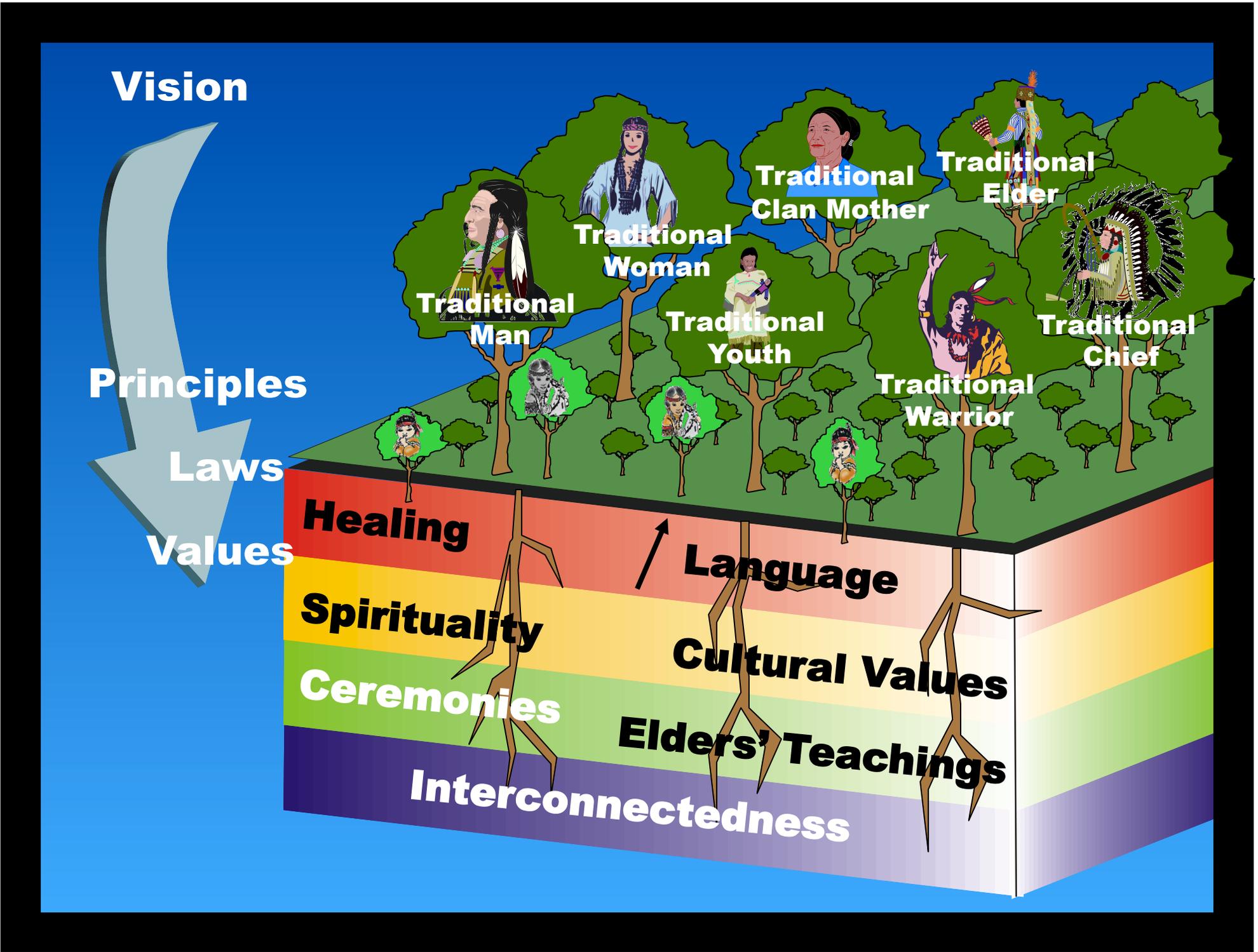
Ceremonies

Interconnectedness

Language

Cultural Values

Elders' Teachings





Then.....

Something

Happened

To us.....



White Bison, Inc.

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Language

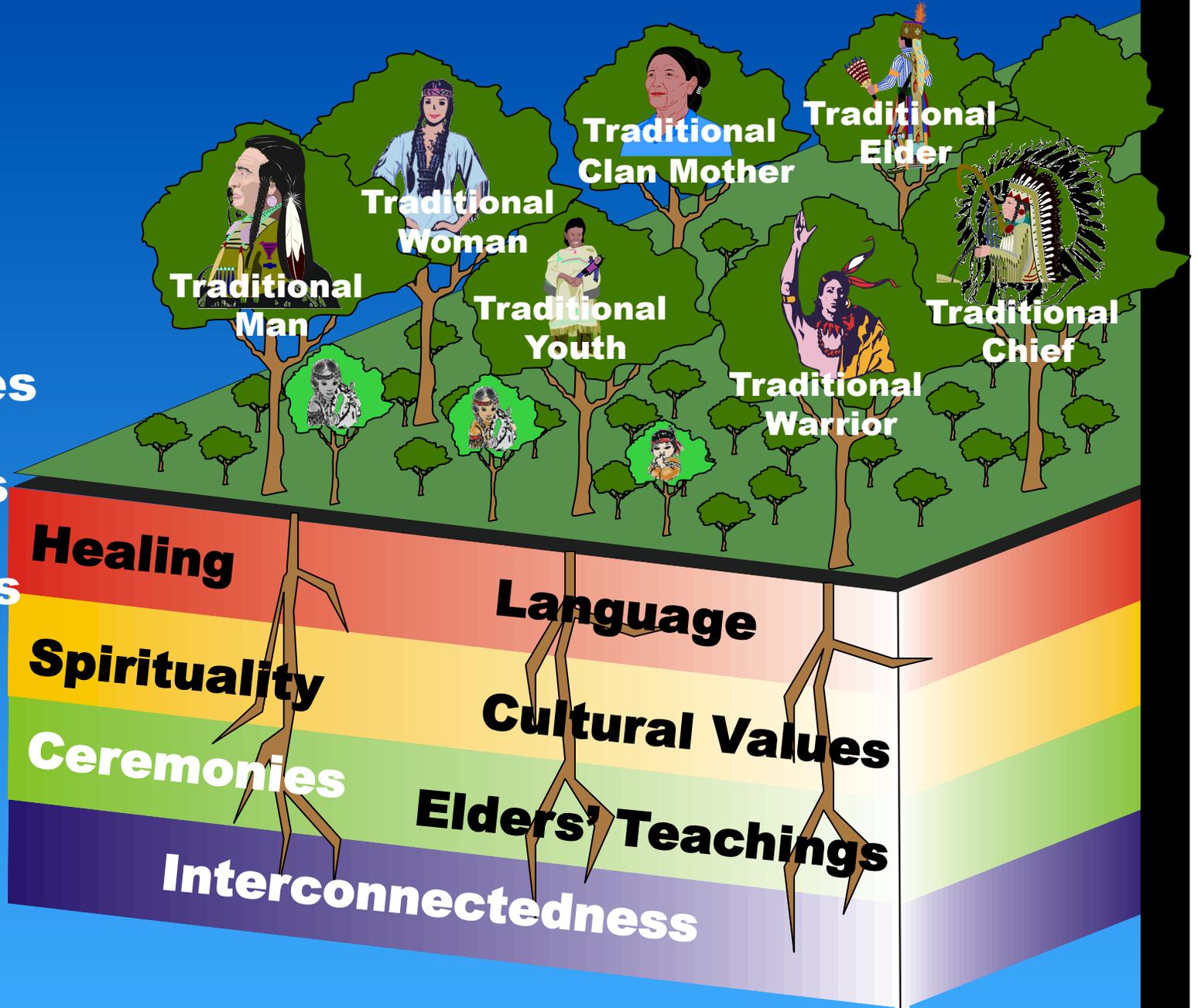
Spirituality

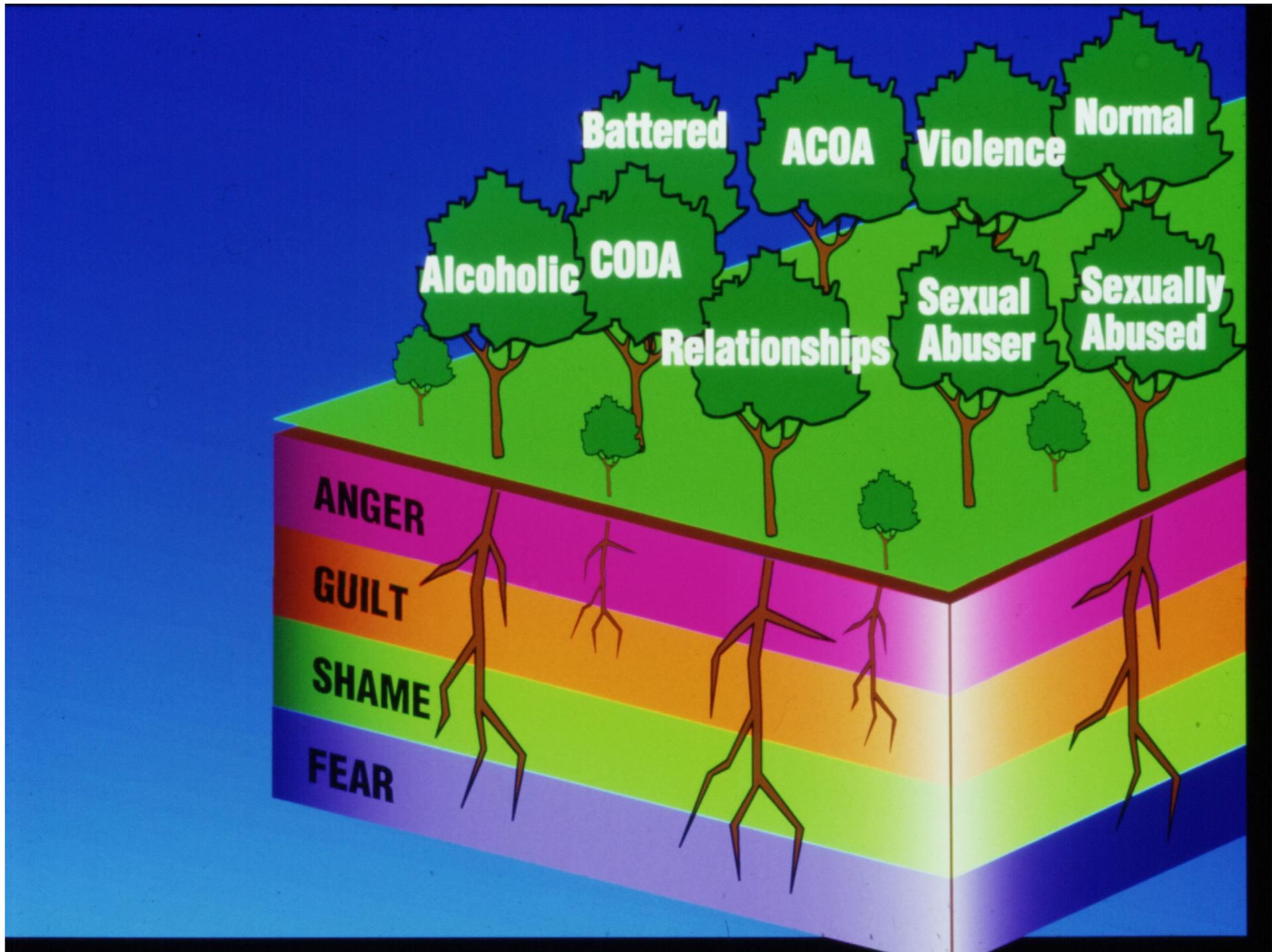
Cultural Values

Ceremonies

Elders' Teachings

Interconnectedness





What is historical trauma?

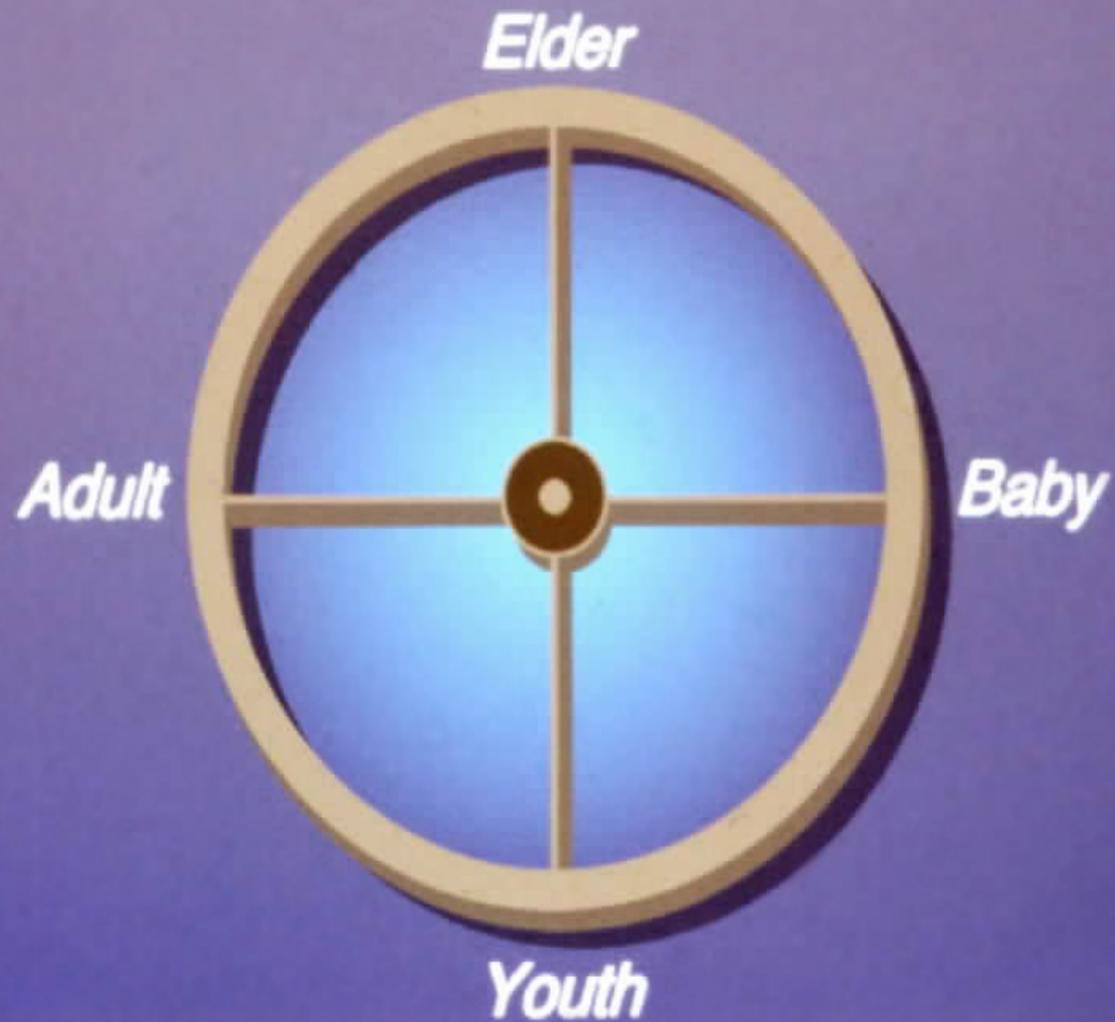
A combination of immense losses and traumatic events that are perpetrated upon an entire culture. For Native Americans, these losses include:

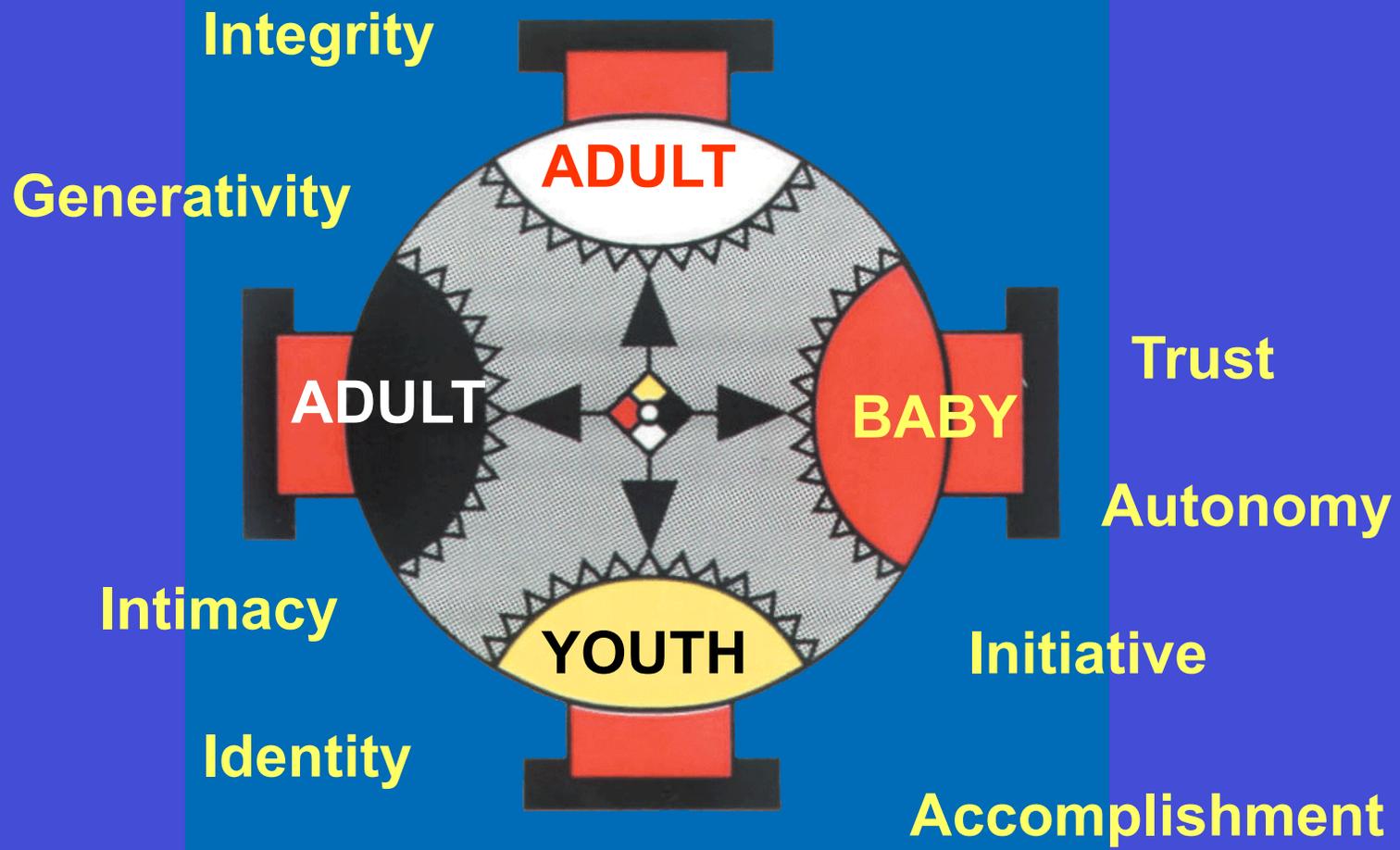
- Culture
- Language
- Land
- People (deaths due to diseases and war)
- Way of life
- Religion
- Family structure (forced into boarding schools)

Often 2-3 generations pass before the most challenging symptoms of trauma show up in individuals, families and communities.

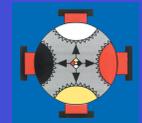
Cultures go through a grief process similar to an individual, except through the generations.

THE MEDICINE WHEEL

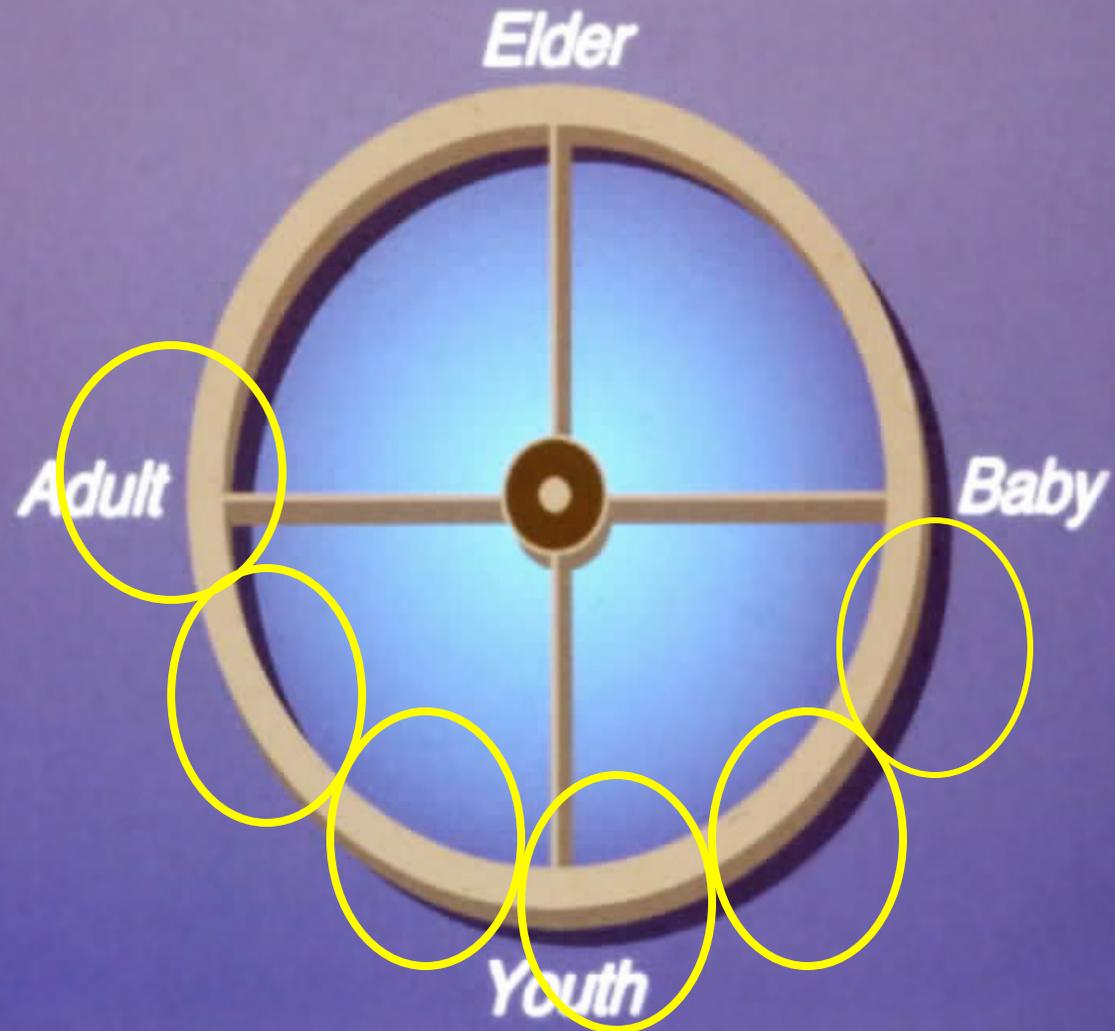




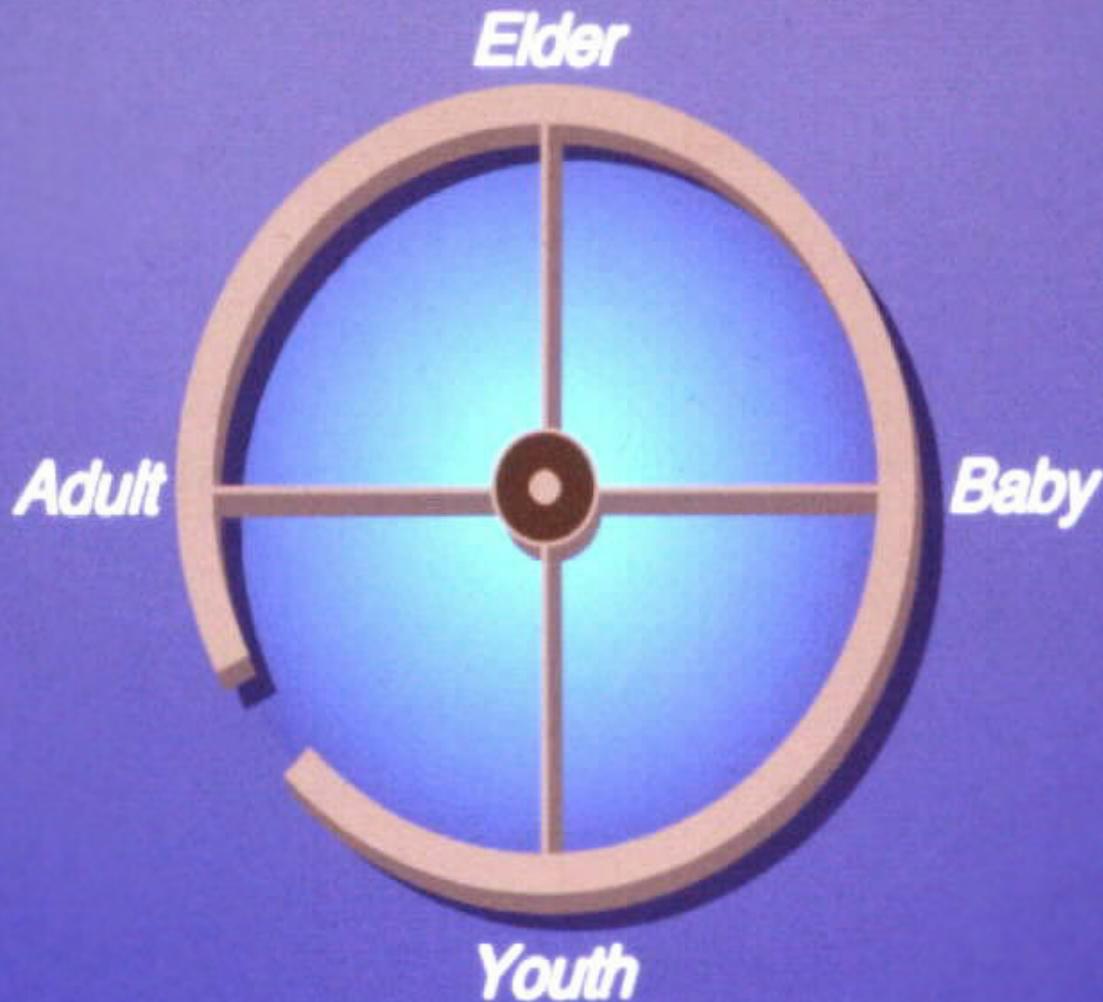
CYCLE OF LIFE



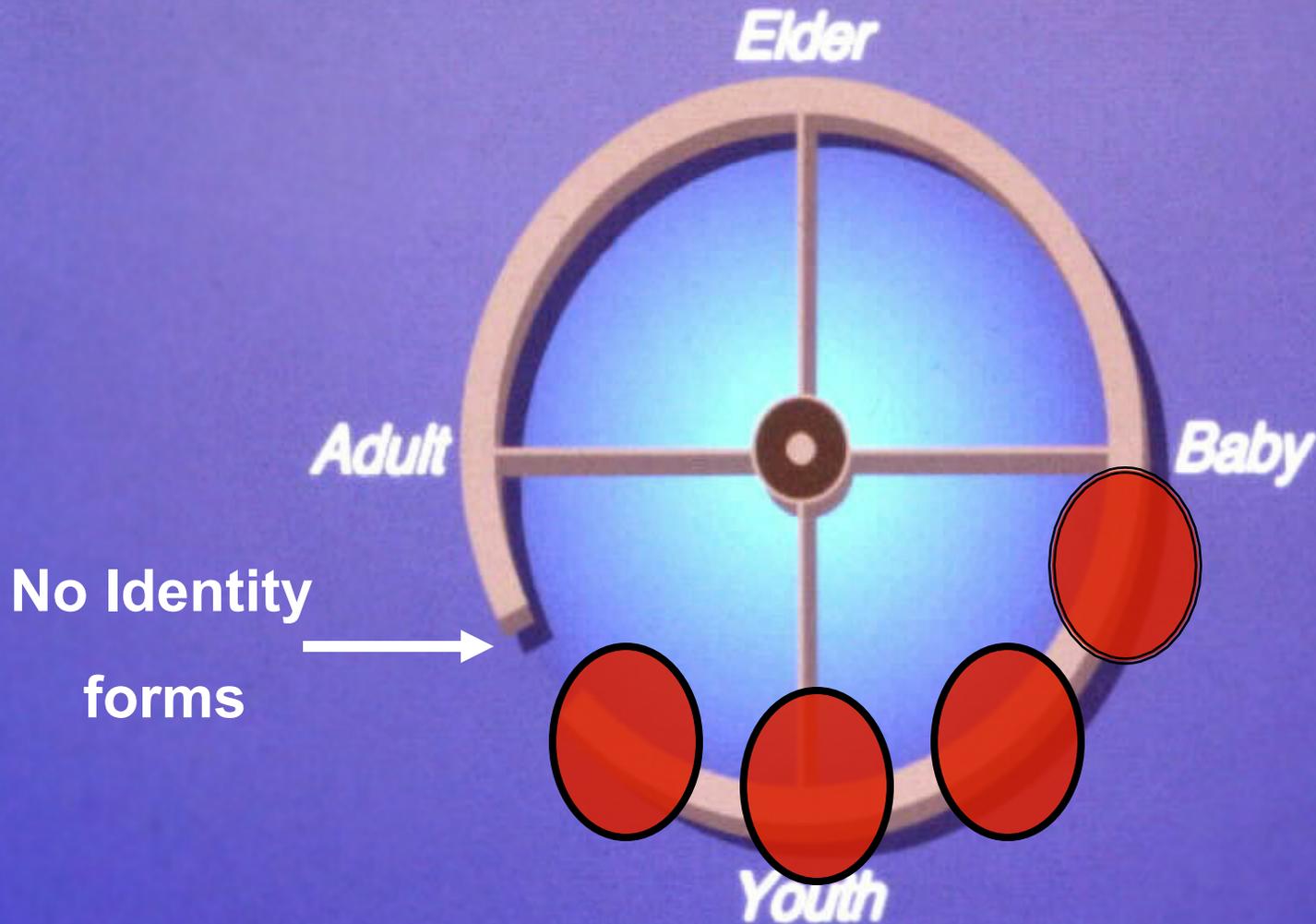
THE MEDICINE WHEEL



*THE MEDICINE WHEEL
IS BROKEN...*



THE MEDICINE WHEEL IS BROKEN...

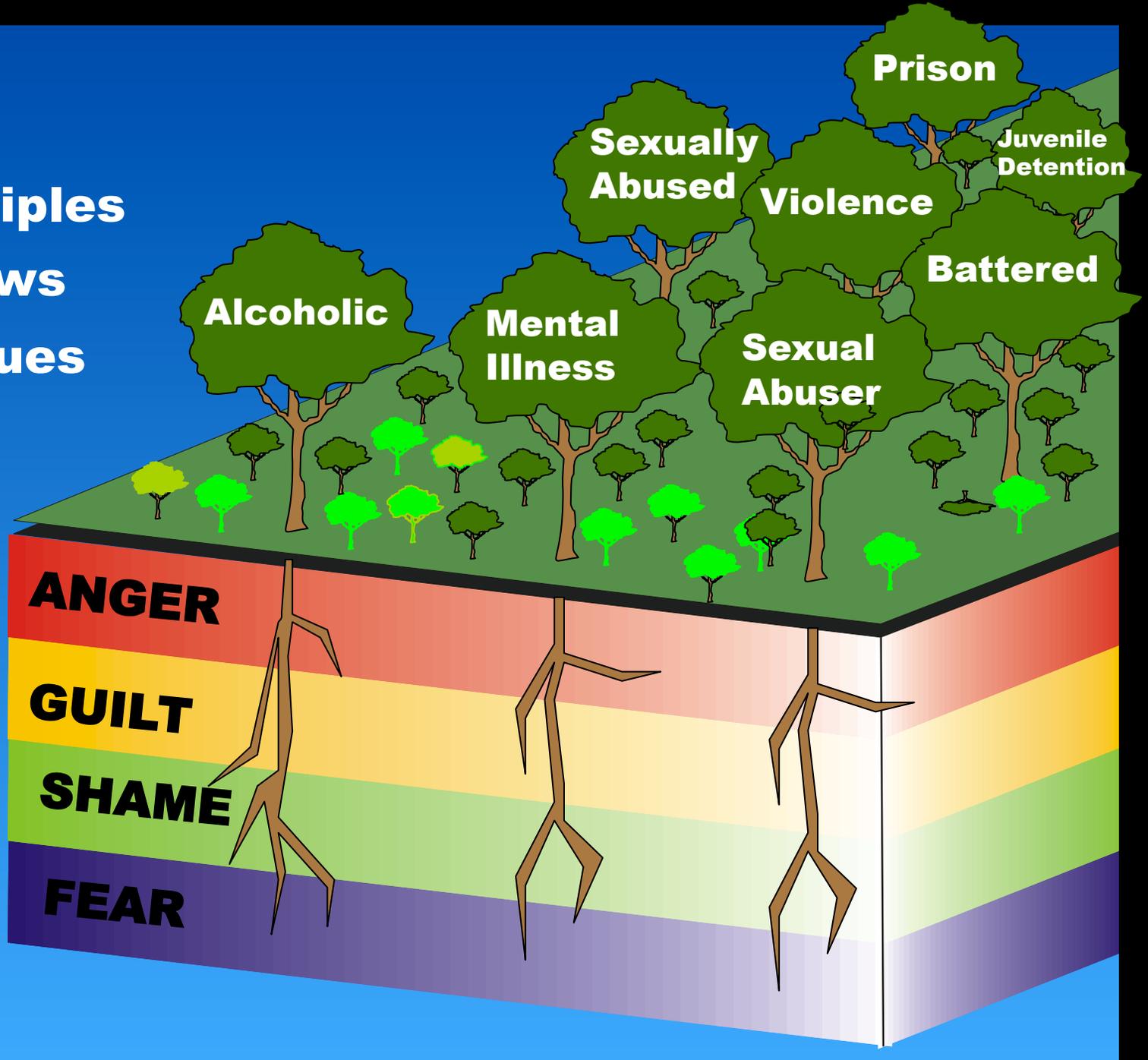


Vision

Principles

Laws

Values



What is intergenerational healing?

A combination of immense healing, community training and a return to the ceremonies, spirituality, and the cultural ways of our people by bringing back:

- Culture
- Language
- Land
- People's health emotionally, mentally, physically, spiritually
- Way of life
- Religion
- Family structure by rebuilding it



So now what...it's 2010

When you change the way you look at things..

The things you look at change



White Bison, Inc.

The Four Laws of Change

- ⊕ **Change is from within.**
- ⊕ **In order for development to occur it must be preceded by a vision.**
- ⊕ **A great learning must occur.**
- ⊕ **You must create a healing forest.**

1. The Change is From Within

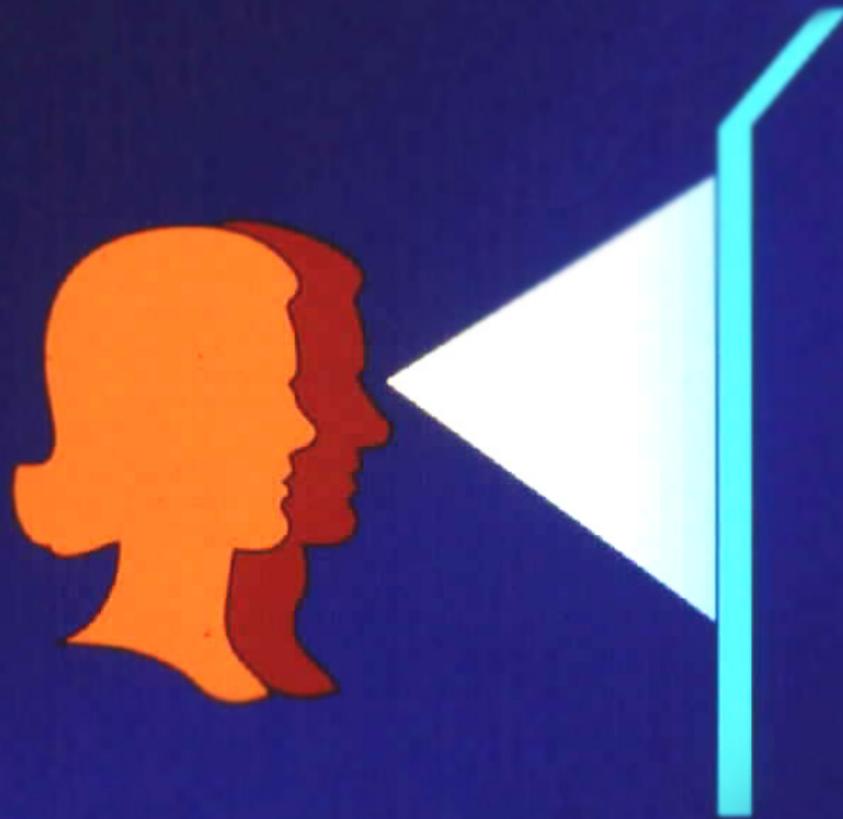


First you set the goal... and then you see.

You do not see first.

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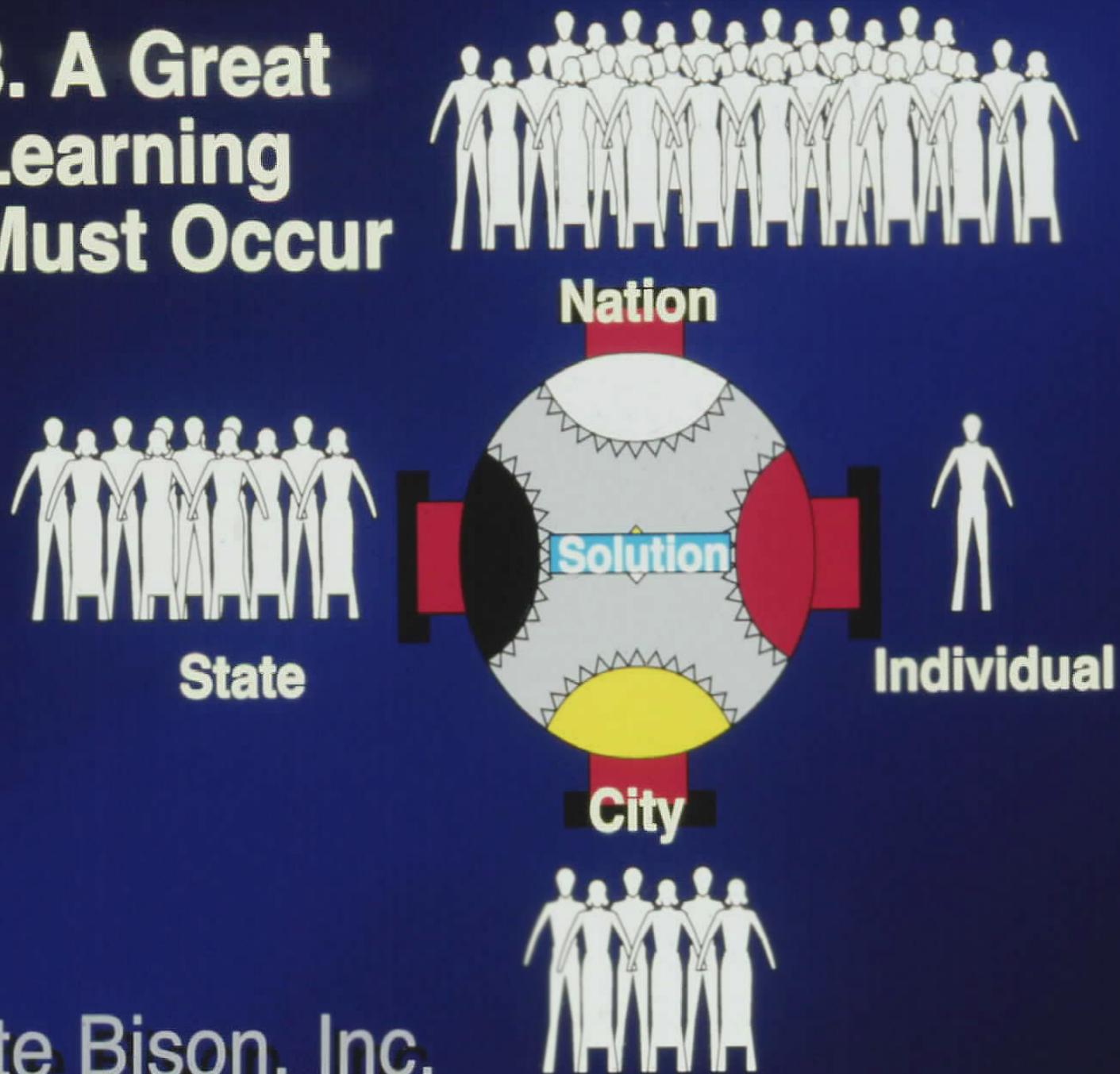
2. No Vision - No Development



You move toward and become
like that which you think about.

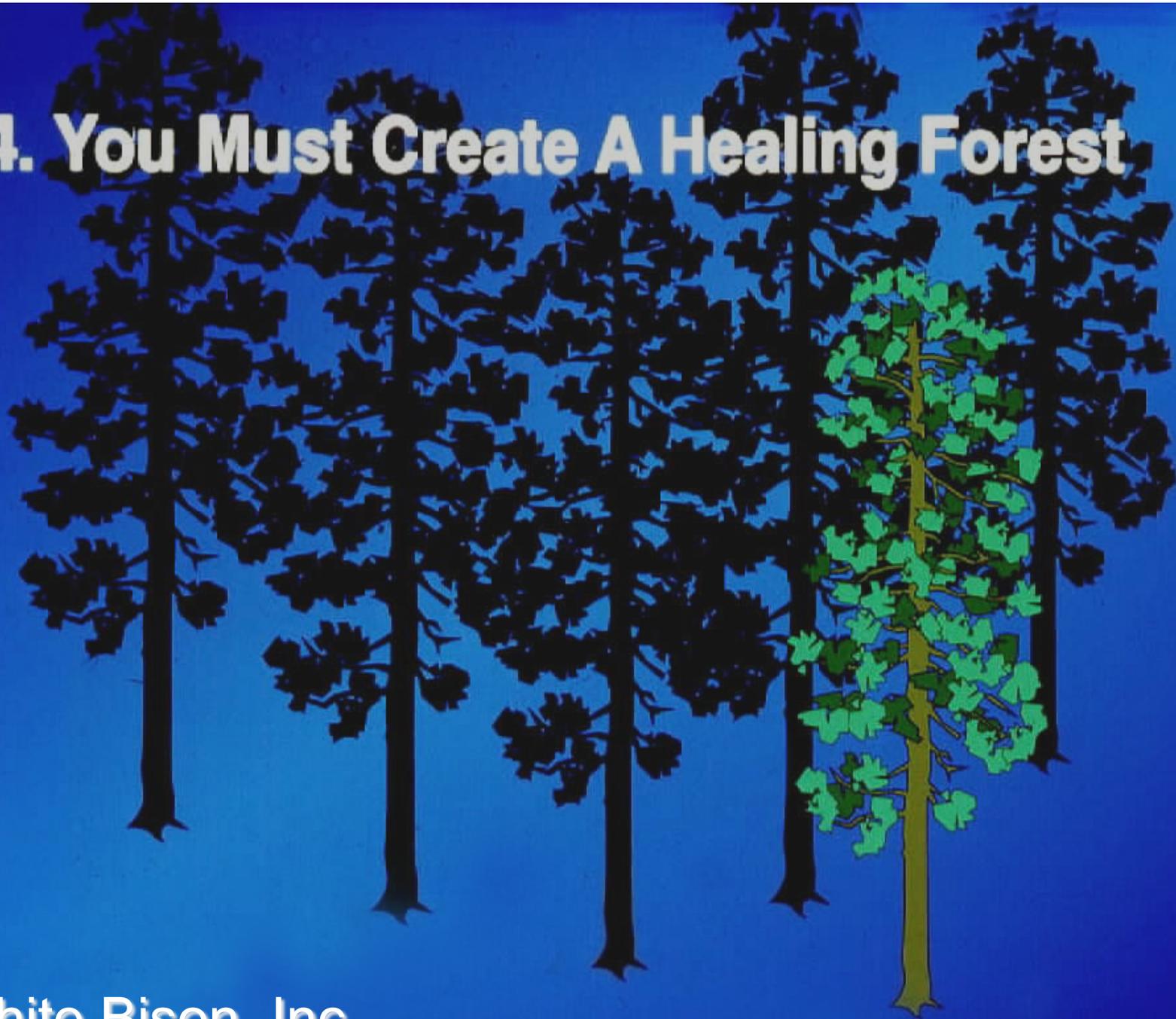
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3. A Great Learning Must Occur



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4. You Must Create A Healing Forest

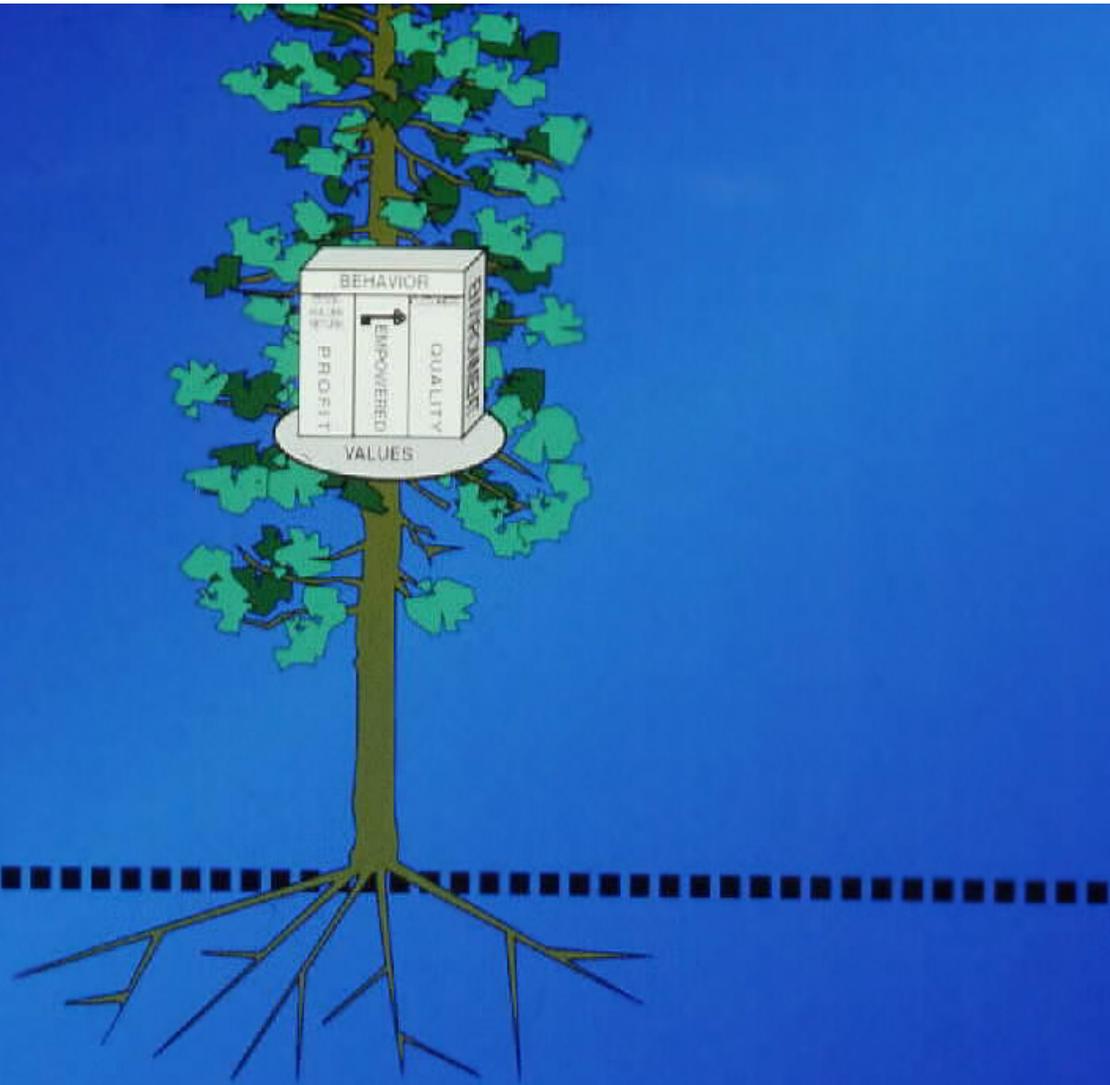


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The Healing Forest Model

Seen World

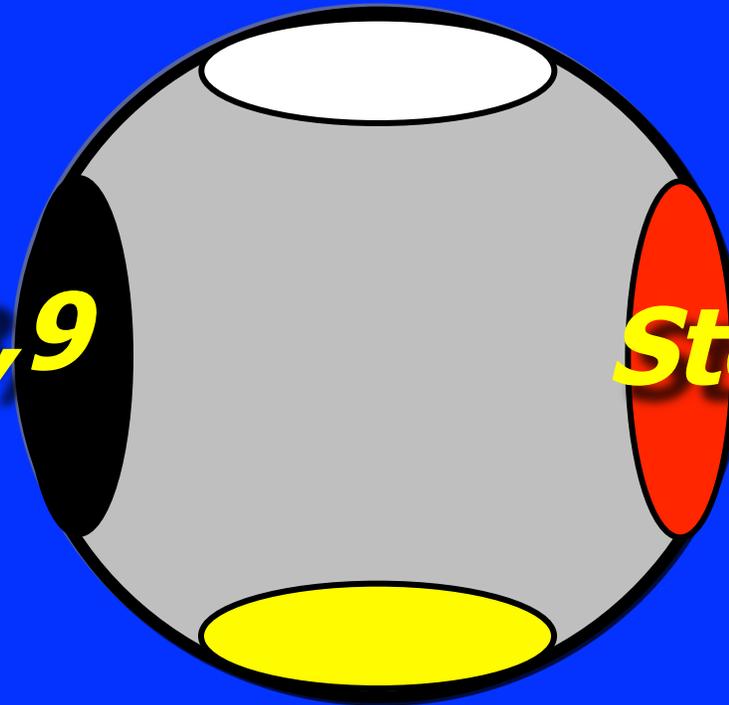
Unseen World



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Steps 10,11,12

Steps 7,8,9



Steps 1,2,3

Steps 4,5,6

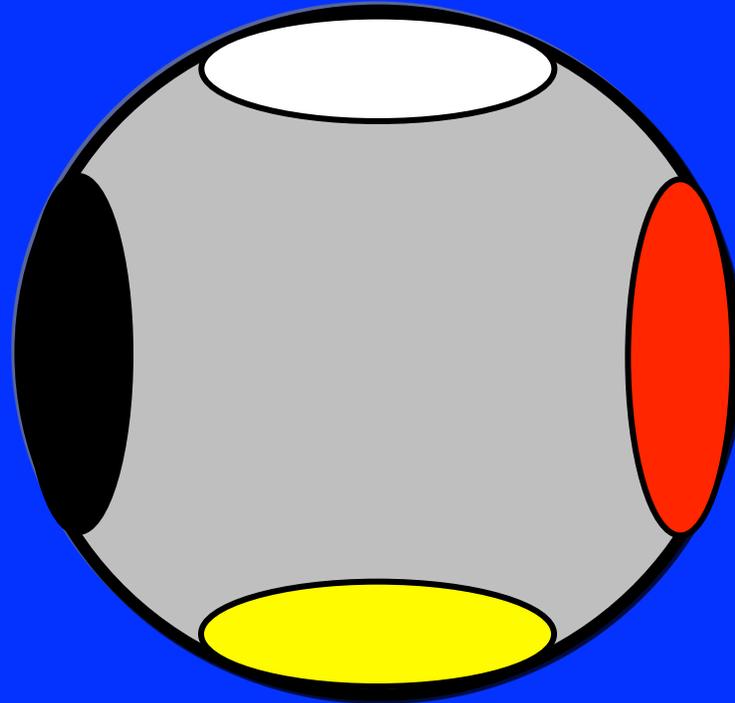


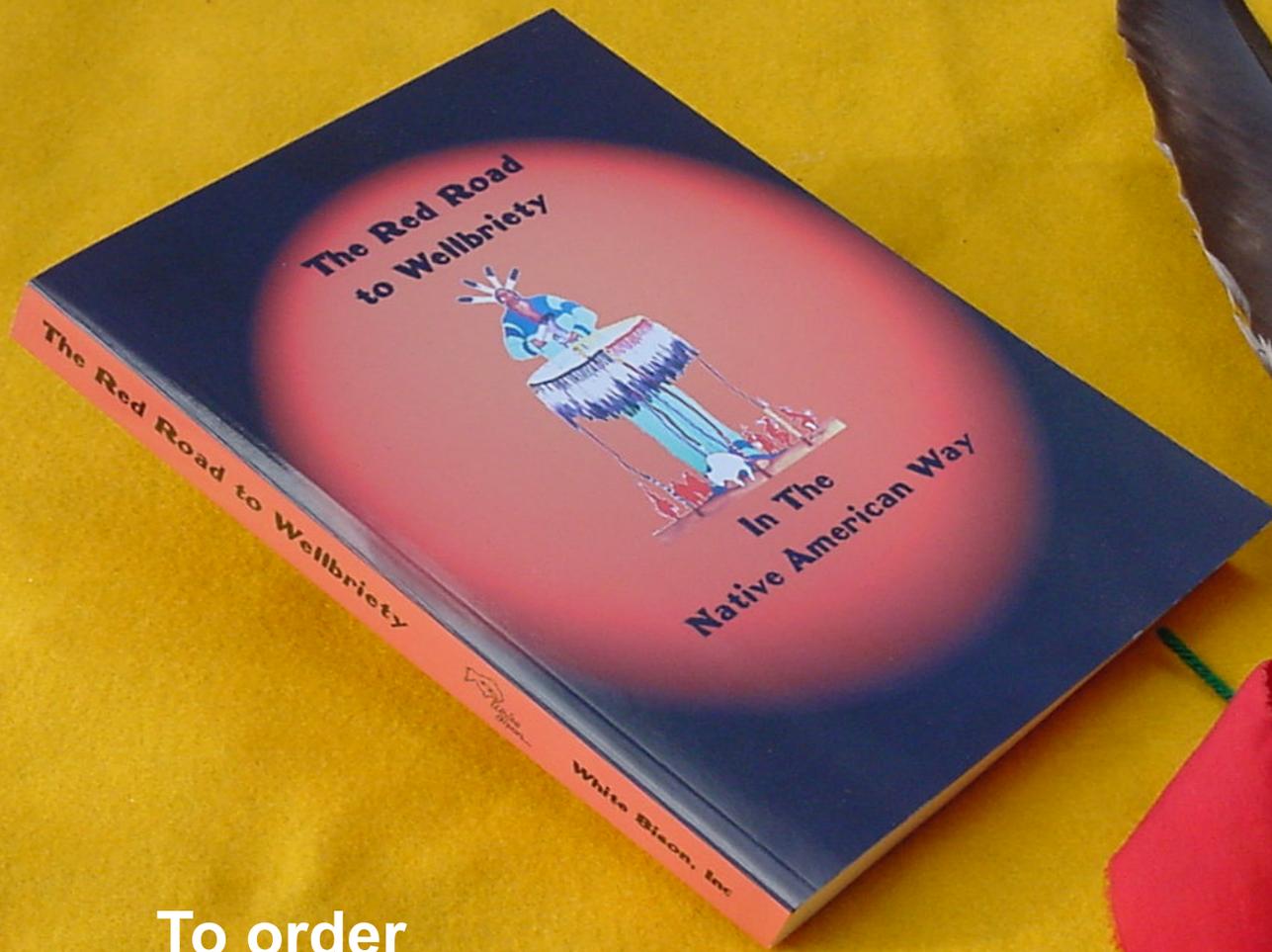
***Finding the
Elders Wisdom***

***Finding
Your
Relation-
ships***

***Finding
the
Creator***

***Finding
Yourself***



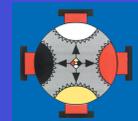
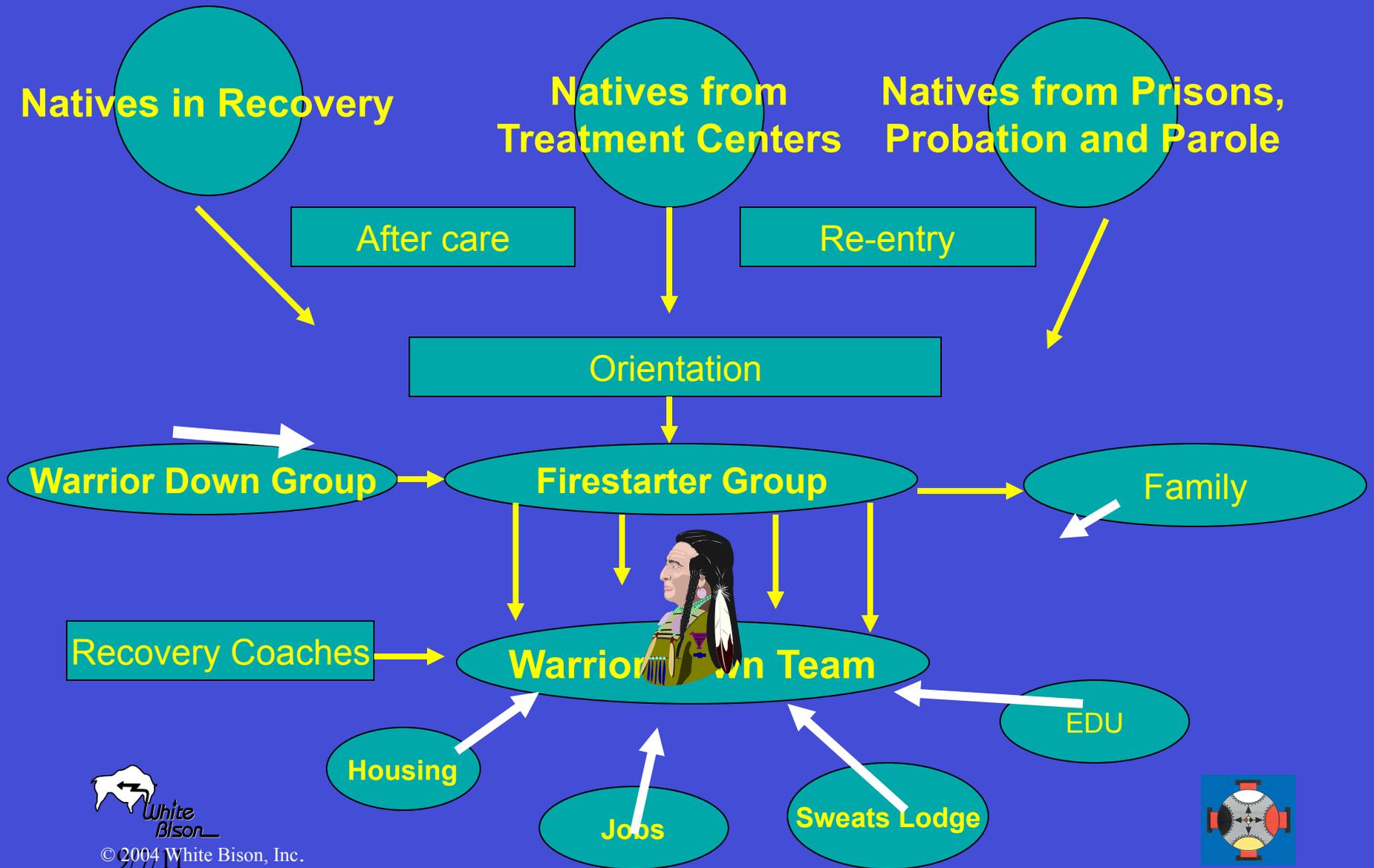


To order

www.whitebison.org



Warrior Down



Wellbriety for Prisons Movement Warrior Down Sites

- Great Falls Montana.
- Sacramento California.
- White Earth Minnesota.
- Bishop California.
- Fresno California
- LA California
- Santa Rosa California
- Boise Idaho
- Minneapolis Minnesota



Warrior Down Outcomes

Great Falls Montana

- **Measurable Success**
- **22%** of Participants have Relapsed since the inception of the Warrior Down Re-entry
- Support and Relapse Prevention Project
- **86%** of Participants have remained sober (Wellbriety) while participating in the Project.
- **12%** of Participants have returned back to Prison, Jail or Treatment
- **14%** of Participants have continued with the Project after completing the 1 year
- commitment
- **35%** of Participants have remained sober and clean after leaving the Project
- **2%** of former Participants have returned to the Project seeking



Warrior Down Outcomes

Sacramento California

- *Measurable Success*
- • **95%** of Participants have reported an increase in their ability to stay clean and sober since entering the program
- • **100%** of Participants have stated that they are more connected spiritually and culturally since entering the program
- • **92%** of Participants state they have experienced greater opportunities for employment since entering the program
- • **99%** of Participants have stated that their ability to stay on the right path and make better decisions have increased since entering the program
- • **99%** of Participants state that they would refer a loved one in their situation to the Warrior Down group



CO-Dependency

Spouses

Family Recovery

Recovery In Prisons

Recovering Coaches

Medicine Wheel 12 In Prison

Women returning

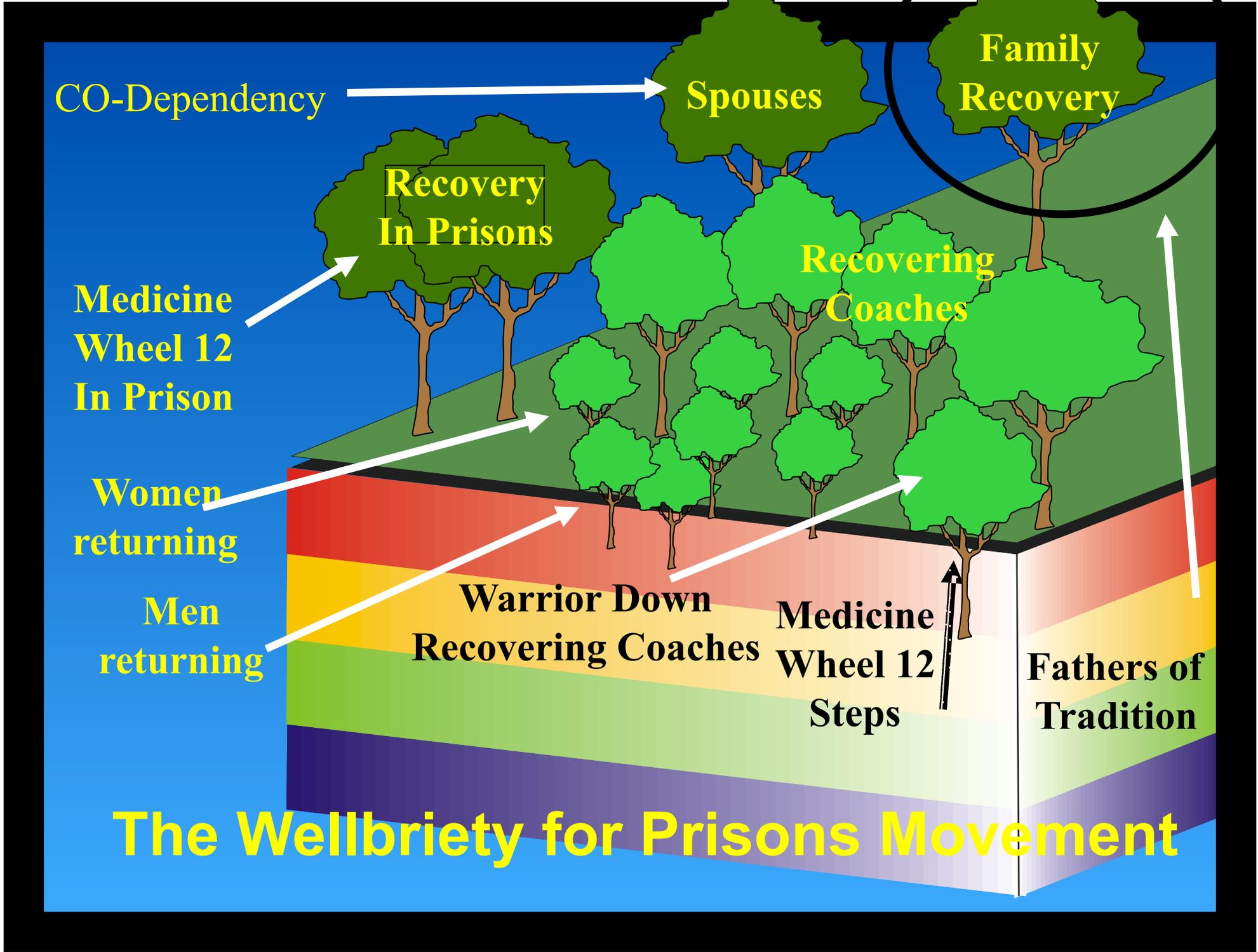
Men returning

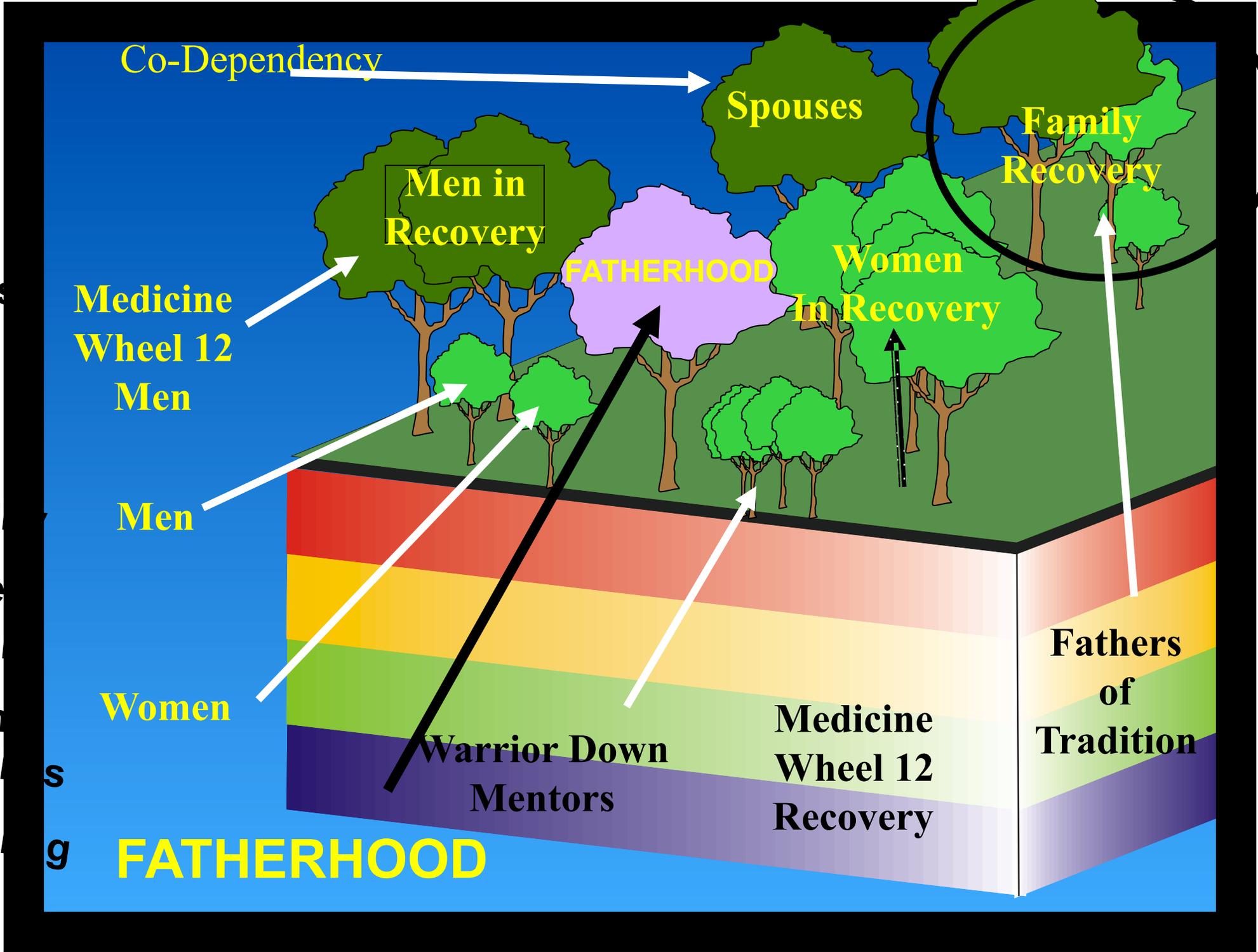
Warrior Down Recovering Coaches

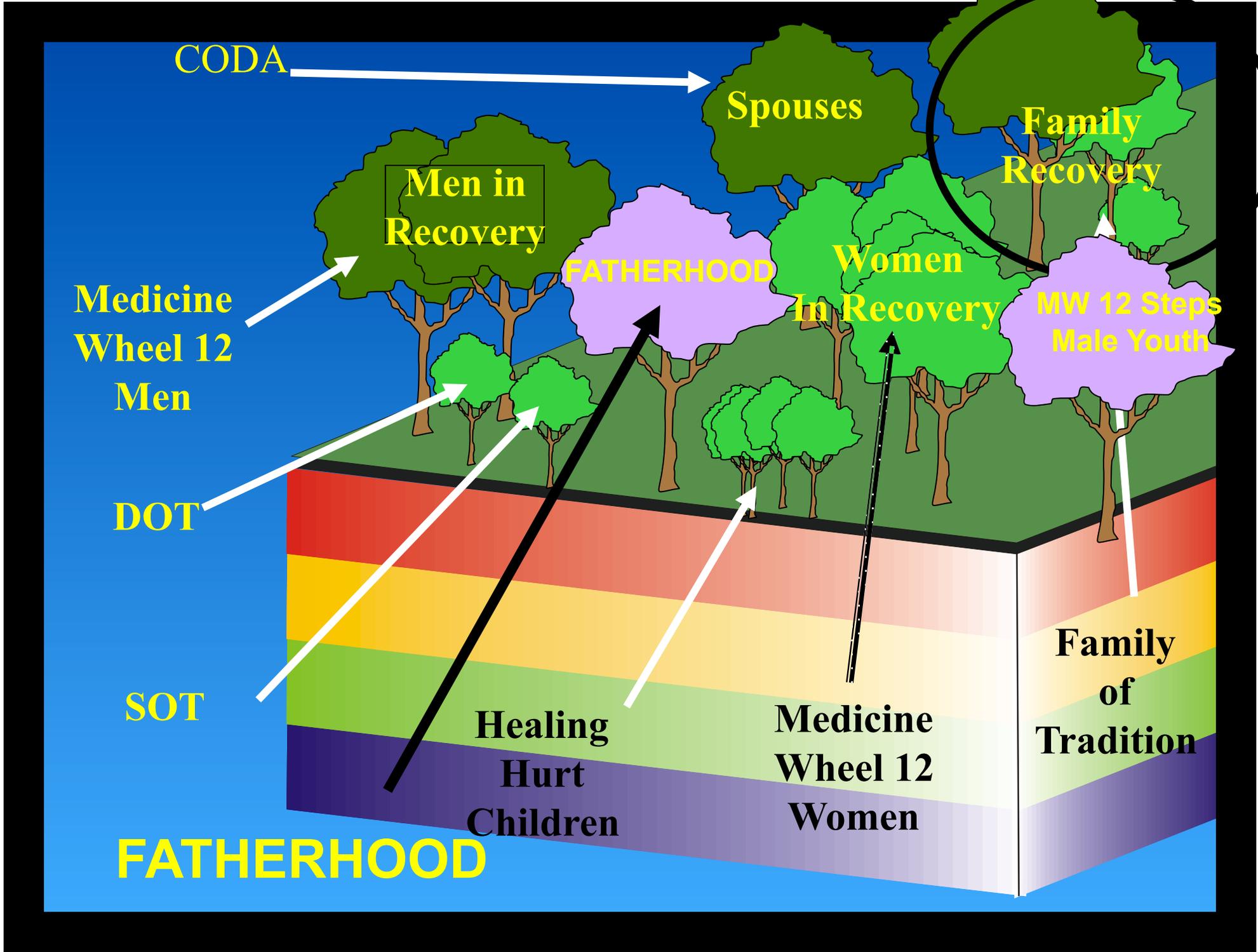
Medicine Wheel 12 Steps

Fathers of Tradition

The Wellbriety for Prisons Movement







Children from Fatherless Homes...

- 5 times more likely to commit suicide.
- 32 times more likely to run away.
- 20 times more likely to have behavioral disorders.
- 14 times more likely to commit rape



Youths from Fatherless Homes represent...



- 71% of all high school drop outs
- 75% of all adolescent patients in chemical abuse centers
- 70% of juveniles in state-operated institutions
- 85% of all youths sitting in prisons

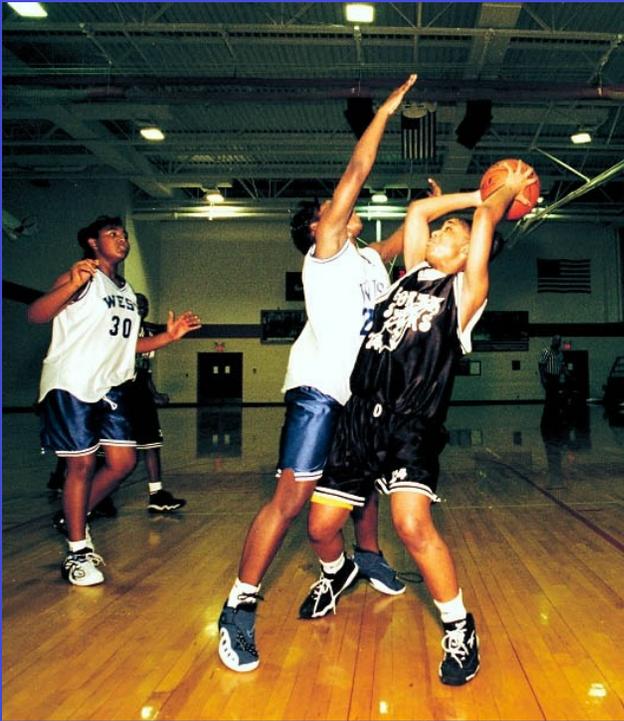


Youths from Fatherless Homes Represent...

- **63% of youth suicides**
- **90% of all homeless and runaway children**
- **85% of all children who exhibit behavioral disorders**
- **80% of all rapists motivated with displaced anger**

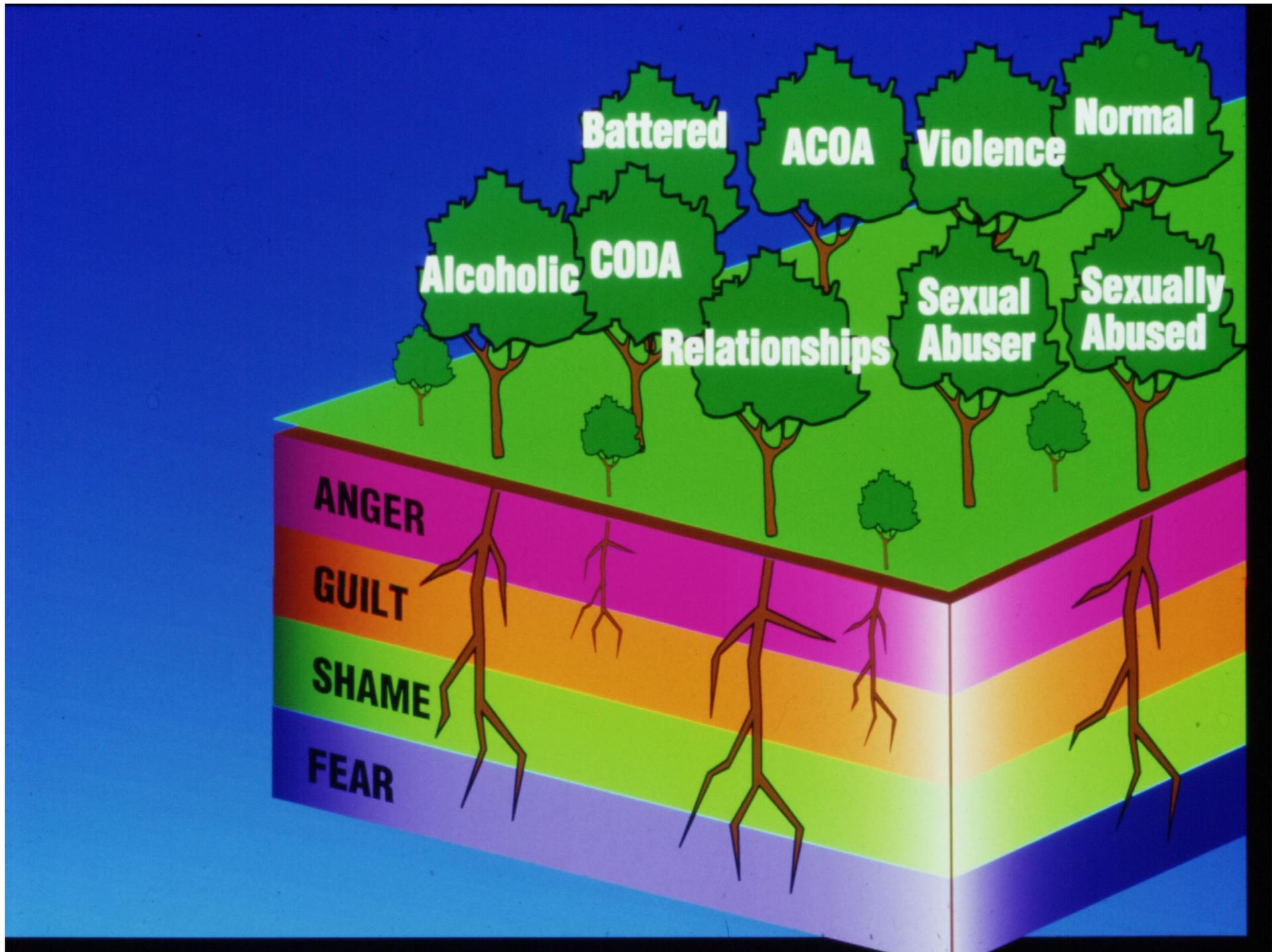


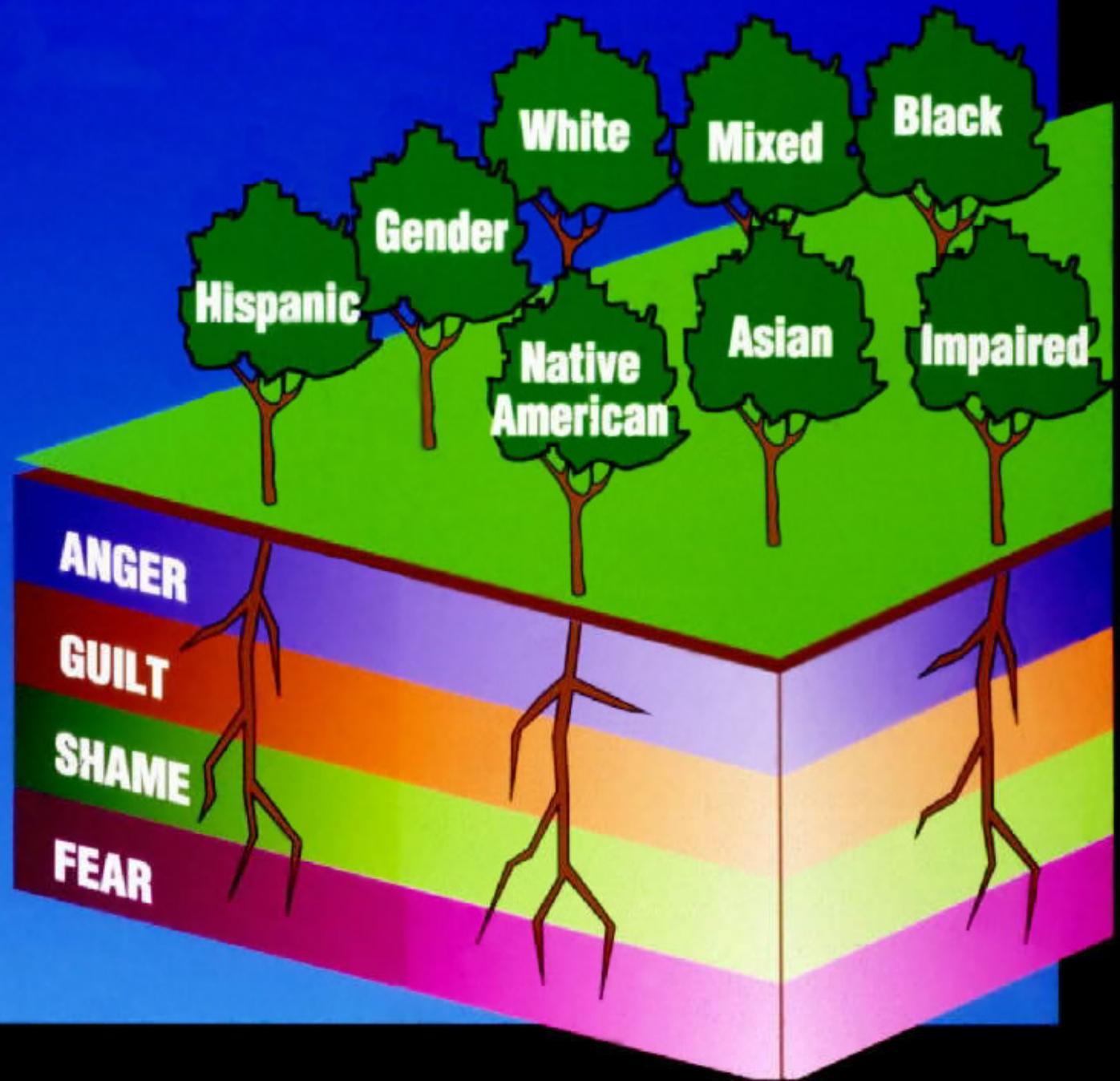
Children from Fatherless Homes...



- 9 times more likely to drop out of high school.
- 10 times more likely to abuse chemical substances.
- 9 times more likely to end up in a state-operated institution.
- 20 times more likely to end up in prison









Adult Tree

Adult Tree

FASD

Anxiety

Developmental
Delays

Disease

Distrust

Fear
Separation

Babies: Age 0-2
TRUST

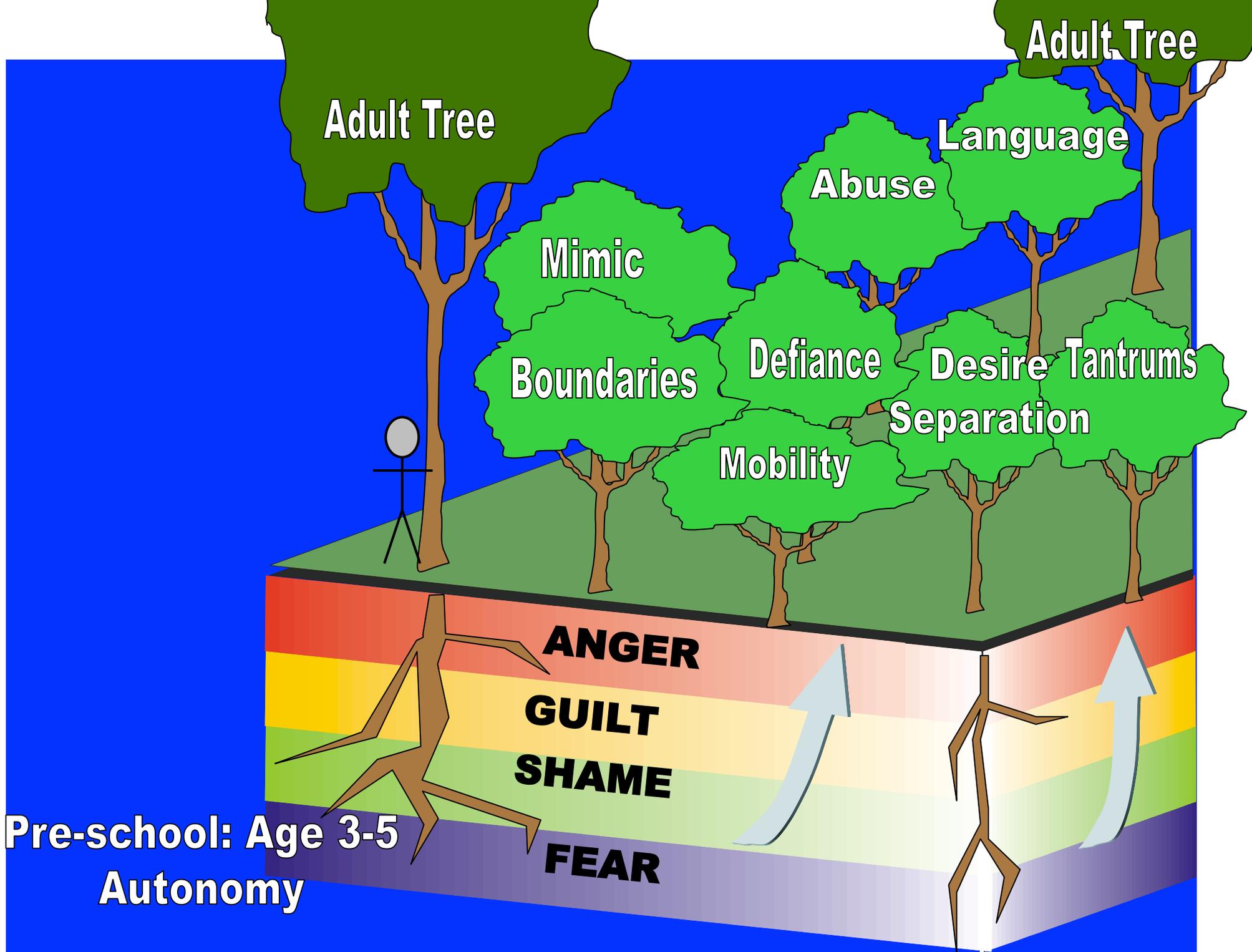
abuse

Failure to
Thrive

ANGER

GUILT
SHAME

FEAR



Adult Tree

Adult Tree

Language

Abuse

Mimic

Boundaries

Defiance

Desire Tantrums

Separation

Mobility

ANGER

GUILT

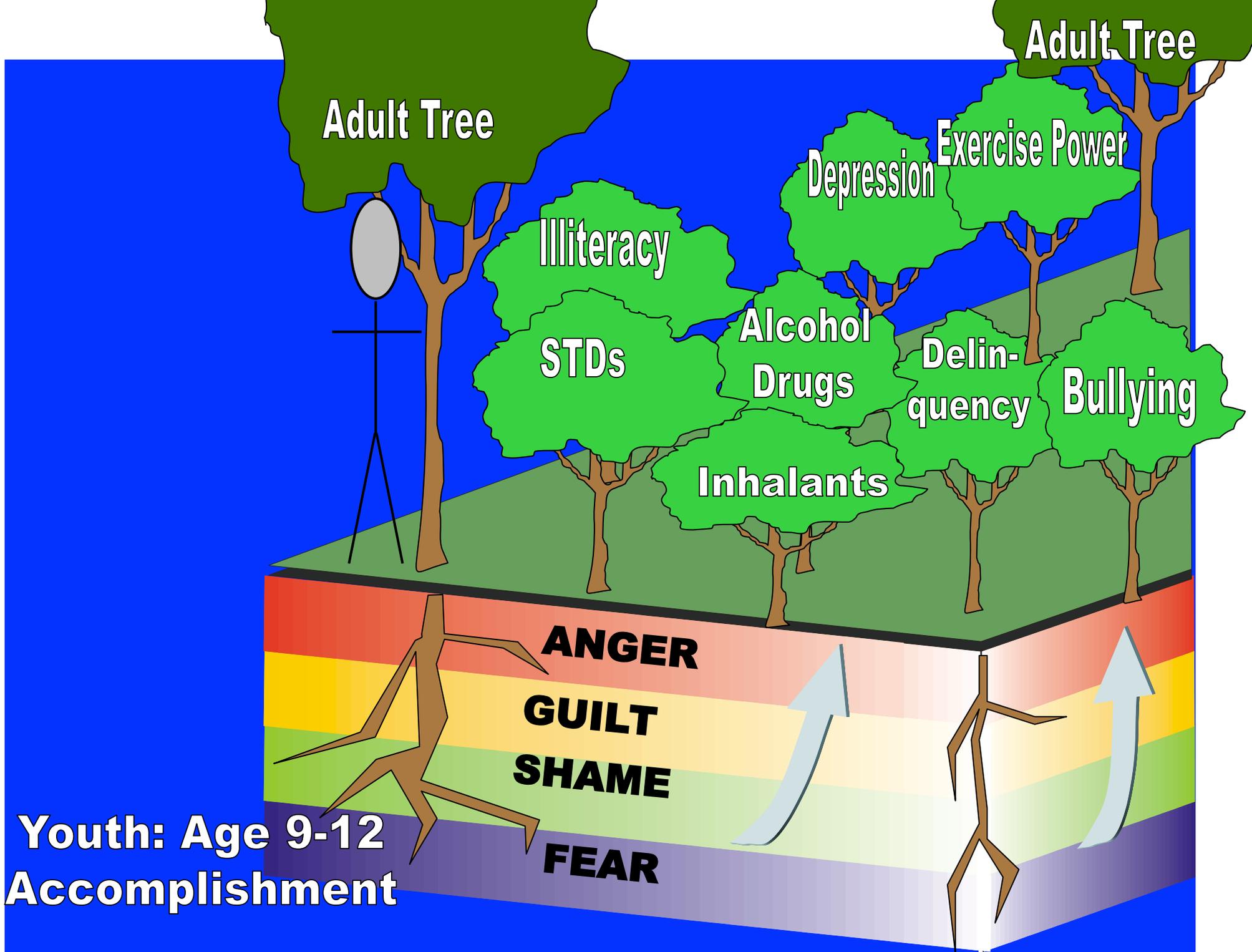
SHAME

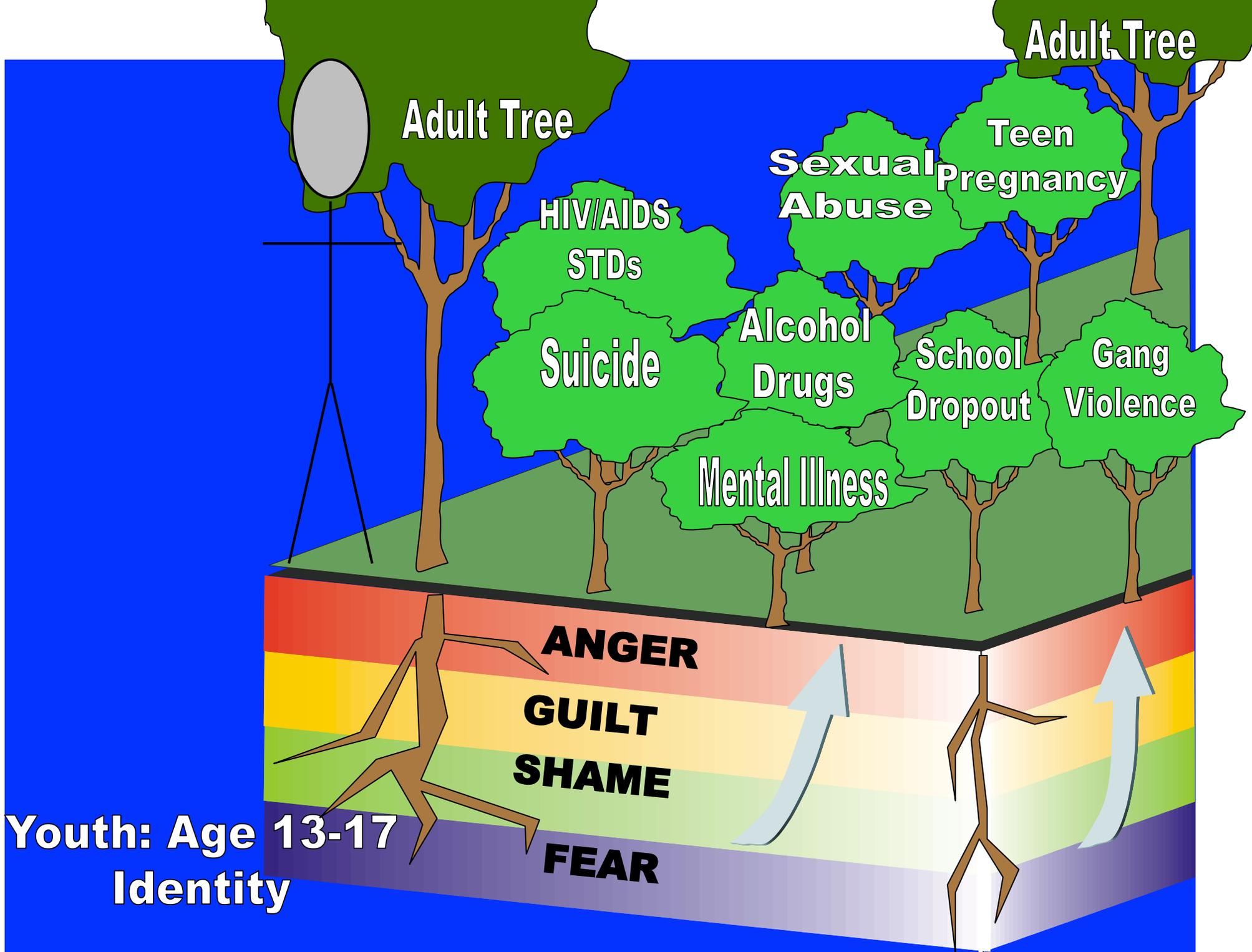
FEAR

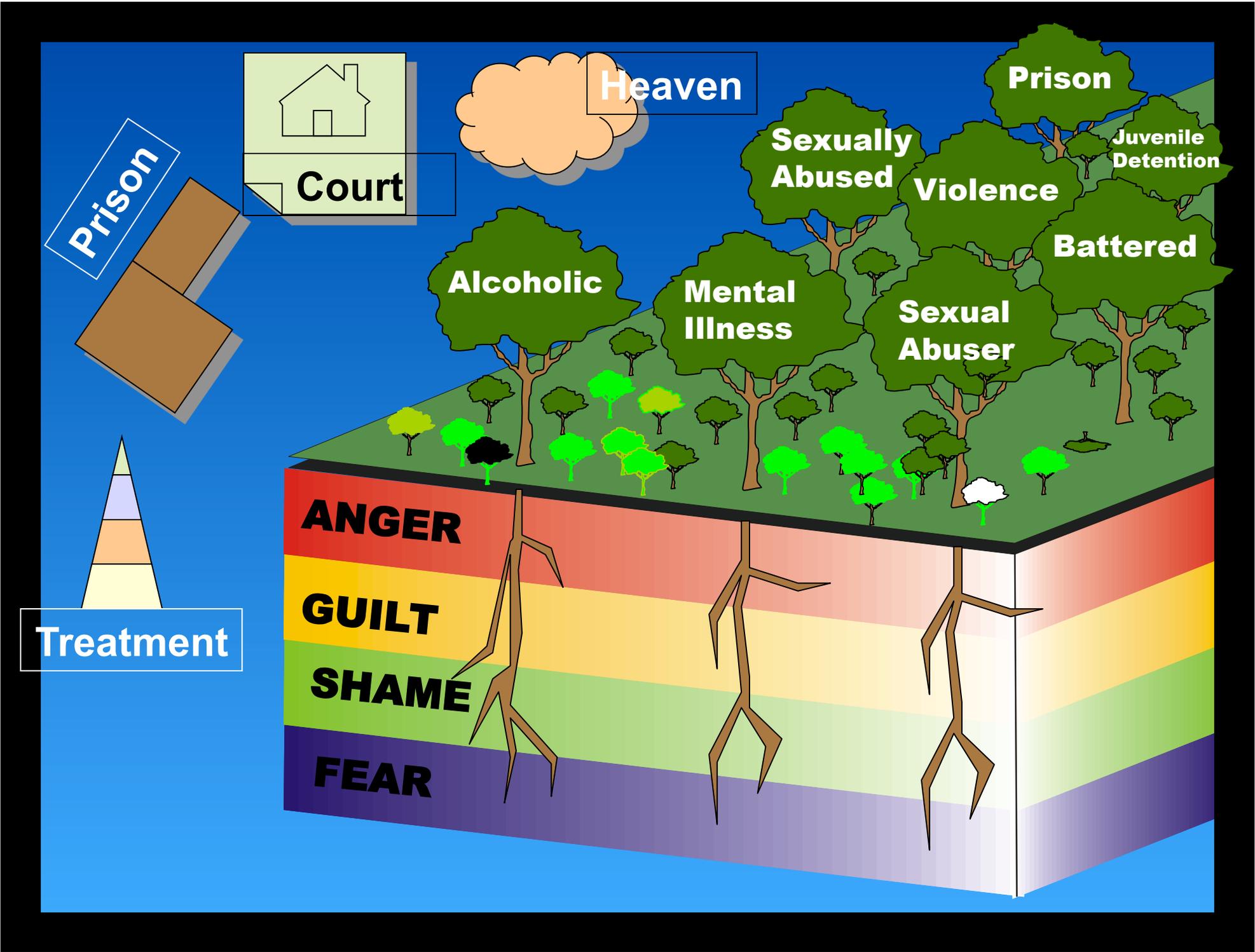
Pre-school: Age 3-5

Autonomy











the NATIONAL REENTRY RESOURCE CENTER

— A project of the CSG Justice Center —

www.nationalreentryresourcecenter.org

- The resource center is continually updating its website with materials relevant to the reentry field.
- Sign up for the monthly NRRC newsletter to receive news about upcoming distance learning and funding opportunities.



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WELCOME TO THE
National Reentry Resource Center

The Resource Center, established by the Second Chance Act, provides assistance to the prisoner reentry field. We provide education, training, and technical assistance to states, tribes, territories, local governments, service providers, nonprofit organizations, and corrections agencies working on prisoner reentry.

Audiences
States/Locals
Community and Faith-based Organizations
People Returning Home

Tools & Resources
Calendar
Funding
Reentry Service Directories
Program Examples
Second Chance Act
Forums/Networking
Announcements

Popular Topics
▶ Housing
▶ Substance Abuse
▶ Juveniles
▶ Employment
▶ Starting a Reentry Initiative
[View All Topics](#)

Announcements
▶ National Reentry Resource Center Announces Two Upcoming Web Events
▶ Recognizing the Value of Peer Recovery Support
▶ Justice Mapping Center Launches First National Atlas of Criminal Justice Data

What's New?
▶ **The National Reentry Resource Center is Hiring!**
▶ Register Now for Webinar: *The Essential Elements of Reentry Webinar: Primary Care and the Transitions Clinic Approach*
▶ Updated Version of *Back to School: A Guide to Continuing Your Education after Prison* Now Available
▶ Watch "From Arrest to Homecoming—Addressing the Needs of Children of Incarcerated Parents" Webinar
▶ Watch "Local Governments Role in Reentry" Webinar

Reentry in the Media
▶ *New York Amsterdam News (NY)* — New homes open for the formerly incarcerated

Contact Information

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