

Sullivan County Department of Corrections Second Chance Conference



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Presenters:

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Sullivan County Treatment Flow

Assessment

Staff complete an LSI-R Risk/Needs Assessment/ASI

Track 1 or Track 2

Inmates are placed in program based on level of Risk/Need

Track 3 Work Release/Programming

Inmates work full time and participate in treatment groups

Track 4 Post Release

Inmates are transitioned to Electronic Monitoring or Probation Supervision with weekly Aftercare groups

Track 5 Relapse Prevention

Intensive program 30-60 days at Community Corrections ~ enhanced aftercare for minor violations

Core Programs

- Substance Abuse Education (New Directions)
 - Substance Abuse Counseling
 - Cognitive Curriculum (Thinking for a Change)
 - Seeking Safety (Women's programming)
 - Anger Management (SAMHSA Curriculum)
 - Employment/Job Readiness
 - Education
 - Family Support Groups
 - Parenting Skills
 - Wellness Classes and Stress Management
 - Housing & Community Reintegration Planning
 - Transition and Relapse Prevention Planning
 - Co-Occurring programs
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Provide the Most Intensive Interventions to Higher Risk Offenders

- Higher risk offenders will require much higher dosage of treatment
 - Rule of thumb: 100 hours for moderate risk
 - 200+ hours for high risk
 - 100 hours for high risk may have little effect
 - Does not include work/school and other activities that are not directly addressing criminogenic risk factors
 - Sullivan county inmates get 240 hours of program time

Impact to Generations

- 68 of 147 inmates have children
 - With a total of 131 children



14 "Unknown" of 147 total (starting collecting data shortly after the program started)

WCBH COLLABORATION

Co-Occurring disorders are targeted in treatment

111 of 147 inmates (76%) in TRAILS – previously registered at WCBH

96 of the clients with Co-occurring issues
139 attended Aftercare at WCBH

52 Referred to West Central for additional mental health services

WCBH Collaboration Benefits

- 15 requests for counseling per week
 - 1 crisis per week
 - Many more crisis's avoided
 - After hours crisis's reduced from 4 to 2 per month (Cost savings \$4800/approx. yearly)
 - Compile assessments
 - Teach classes in the TRAILS program/Family Support Module
 - Runs Aftercare Groups in Community
 - Works as liaison with WCBH Doctor and Medical Doctor
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Psych Medication Costs per Month



12/1/09

\$7,981.54

12/1/10

\$4,551.76

12/1/11

\$3,778.67

Average Inmate Population
72

Average Inmate Population
81

Average Inmate Population
87

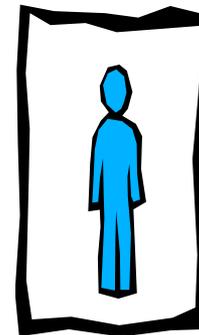
** WCBH collaboration started 11/10**

INMATE PROGRAM

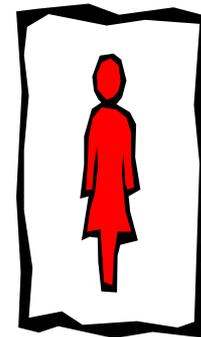
Participation Numbers

- 147 Inmates are assessed
- 145 inmates have entered treatment
- 2 inmates did not enter treatment

- 104 Inmates in Track 1
 - 75 men and 29 women
- 41 Inmates in Track 2
 - 33 men and 8 women



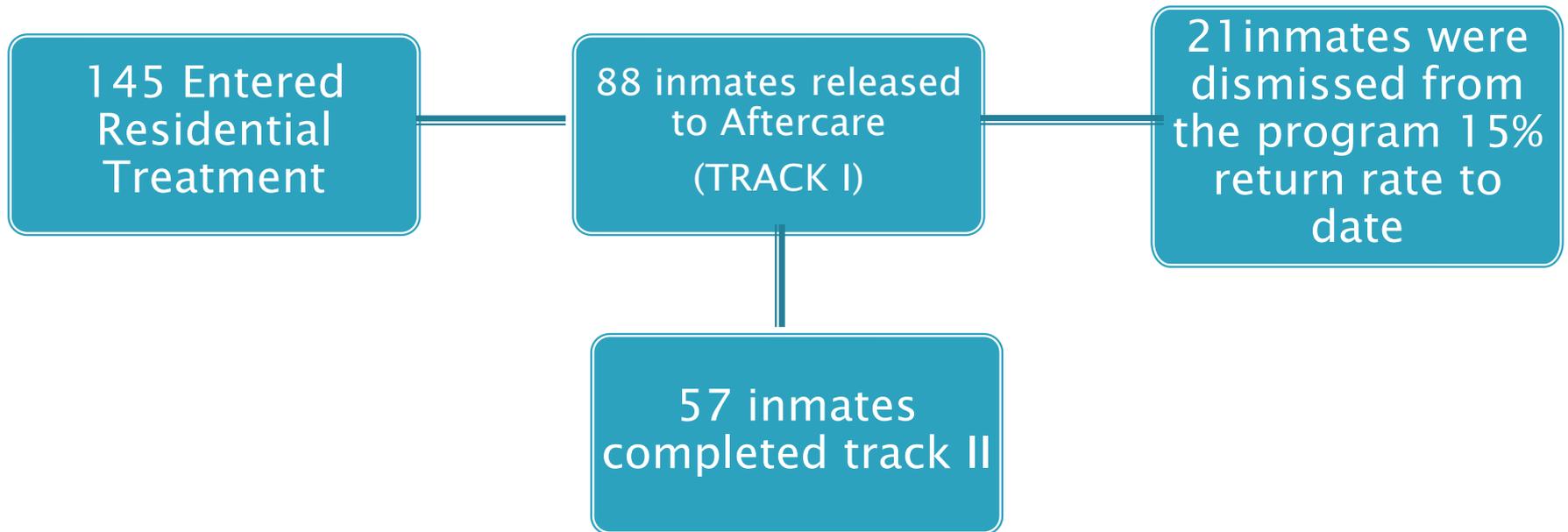
108
MEN



37
WOMEN

Performance Measures

TRAILS CO-OCCURRING PROGRAM



Track V allows for an intervention

Allows the County to reduce jail population while increasing treatment options

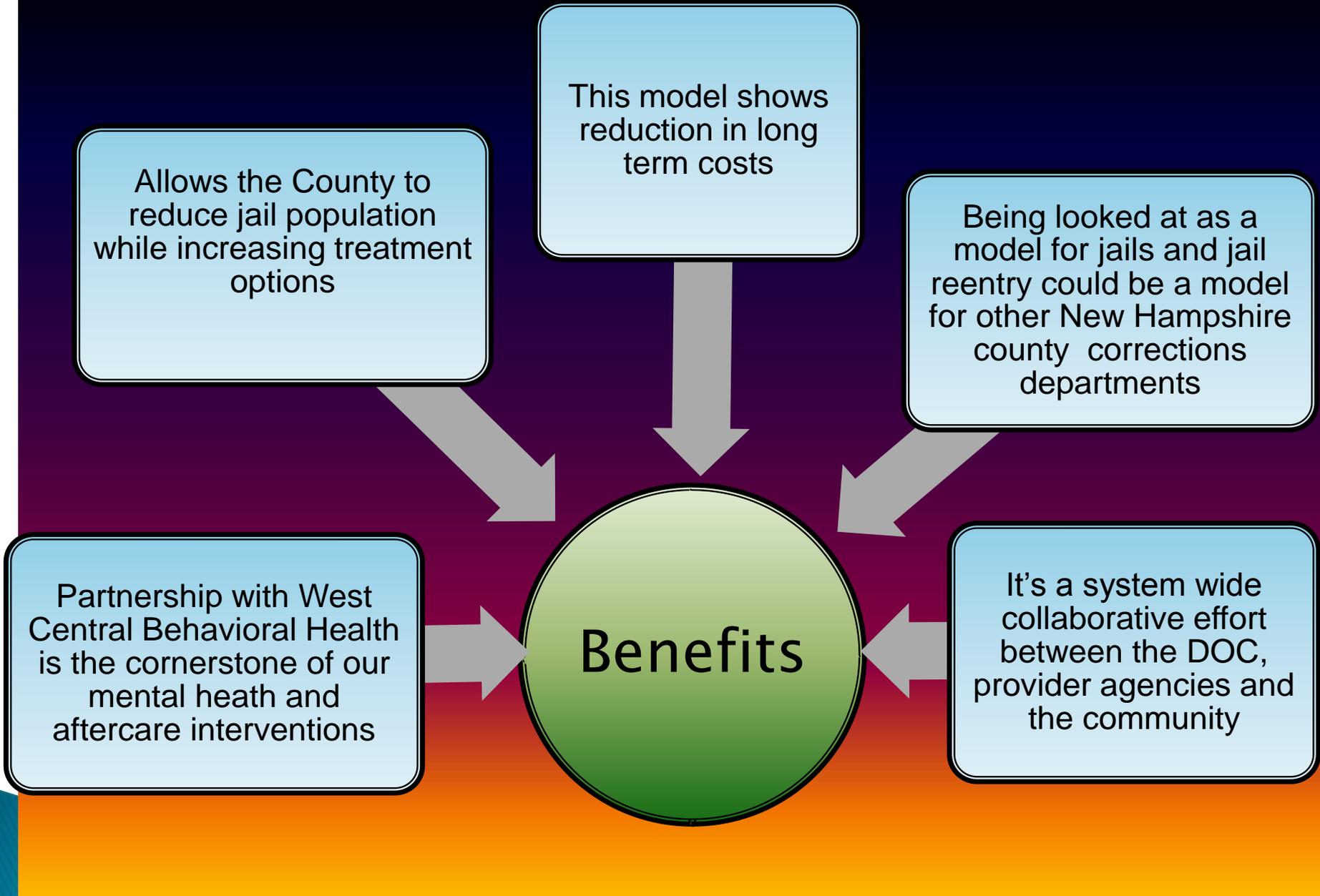
This model shows reduction in long term costs

Being looked at as a model for jails and jail reentry could be a model for other New Hampshire county corrections departments

Partnership with West Central Behavioral Health is the cornerstone of our mental health and aftercare interventions

Benefits

It's a system wide collaborative effort between the DOC, provider agencies and the community



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