

# Trauma-informed Services

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# Trauma-informed Services

- Screen everyone entering the detention center for a history of trauma
- Offer trauma specific care
- Wrap around services for participants: mental health, somatic care, transitional housing, substance use disorder tx, strengthening family, educational, veterans and sexual health services

# TAMAR

- Maryland's Division of Special Needs Population (2000)
- TAMAR Program: Trauma, Addiction, Mental Health, And, Recovery
- 15 now 10-week group intervention program
- Voluntary
- Homogenous closed ended groups

# TAMAR Topics

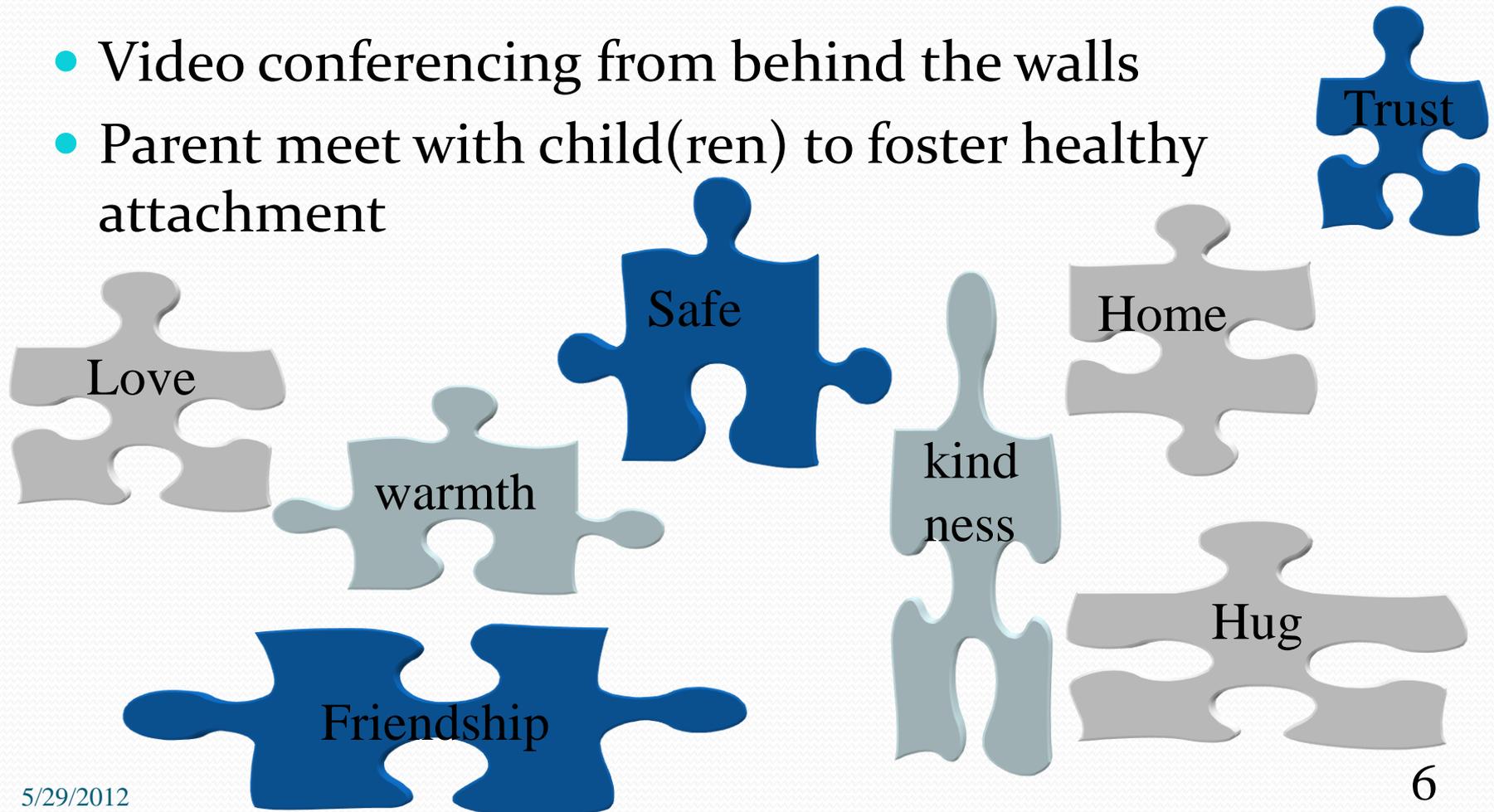
- What is trauma
- Tolerating distress
- Self-soothing
- Containment
- Trust and intimacy
- Boundaries and safety
- Closure

# Parent Trauma-informed Educational Group

- 8 week open ended group
- PTE Topics: Piaget's stages of cognitive and moral development; Bowlby and Ainsworth's attachment theory; defining trauma; maltreatment by caregivers; observations by adults of children who have been maltreated; Maslow's hierarch of needs; Robert Ackermans's characteristics of a healthy family.

# Parent-Child Meetings (Attachment)

- Video conferencing from behind the walls
- Parent meet with child(ren) to foster healthy attachment



# Family Services

- Family reunification
- Strengthening family's prevention program

\*New Faith-Based Initiative 5-24-12

# Community Services

- Gender specific services
- Connection with treatment providers
- Recovery Oriented Systems of Care
- Access to Recovery
- Peer-to-peer support group
  - Males for Trauma Recovery

# Where to Get More Information

Rebecca Hogamier, Division Director

240-313-3310

David Washington, Program Coordinator

240-313-2161

April Rouzer, Prevention Coordinator

240-313-3356

Cathy Corley, Case Manager, Lead

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